



## **4X4 KENYAN SAFARI & VOLUNTEERING**

A unique mixture of holiday & volunteering with a 4-day safari including the Masai Mara National Park followed by 6 days of Charity Volunteering

**7th – 17th OCTOBER 2016**





**Find Out More**

**Call 01235 856290 or Email [info@thenasiotrust.org](mailto:info@thenasiotrust.org)**

Hampden House, Monument Park, Warpsgrove Lane, Chalgrove, Oxford, OX44 7RW | Reg Charity No. 1104542



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# 4x4 KENYAN SAFARI & VOLUNTEERING 2016

**A unique mixture of holiday and volunteering with a 4-day safari including the unmissable Masai Mara National Park followed by 6 days of Charity Volunteering.**

With a chance to see the Great Migration from Masai Mara back to the Serengeti this is an experience not to be missed. Drive yourself in a Nasio Land Rover to the Masai Mara National Park on the border with Tanzania to experience one of Africa's greatest Wildlife Reserves. Masai Mara National Reserve is home to a great concentration of wildlife including lion, leopard, hyena, giraffe, impala, elephant and cheetah not forgetting the hippo and crocodile in the Mara River. When the short rains start in October, 1.5 million wildebeest and 200,000 zebra begin a migration described one of 'the New Seven Wonders of the World'.

**Following the Safari, you will travel further west to spend 6 unforgettable days volunteering at the Nasio Trust's projects in Western Kenya.**

For the full, once in a lifetime, 10-day trip, the cost is £2665. This price includes flights from Heathrow, meals, accommodation, transport and self-drive Safari in the most beautiful scenic national park. To secure your place a Registration Fee of £295 is required. Payment options are at the end of this pack.

**All profits from this 4x4 Safari Trip will go towards vital equipment for our Medical Centre and towards the maintenance of our lifesaving 4x4 vehicles.**

*"Driving through Kenya was definitely a once in a lifetime opportunity"*

**Nicky (Nurse)**



Our medical centre



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*The combination of experiencing the beauty of an African safari and then giving back - even in a small way was very, very special.*

**Val**

# Your Itinerary - Days 1 & 2

**Day 1:** Having flown overnight from London Heathrow we drive from Nairobi to the Masai Mara National Reserve and our safari experience will begin. Arriving at Osero Lodge ([www.oserolodge.com](http://www.oserolodge.com)) in time for lunch before we check into our luxury en-suite tented accommodation. With dusk and dawn being the best times to see the wildlife we head off for a late afternoon / early evening game drive before returning for dinner at the lodge.



## Day 2

A 7a.m. Breakfast is followed by a game drive, picnic lunch and a cultural visit to a Masai Village arriving back at the Lodge in time to relax by the pool before drinks and dinner. After dinner you will be ready to fall into bed marvelling at all you've seen; an early night might be wise as we will be up at dawn for a game drive.



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# Your Itinerary - Days 3 & 4

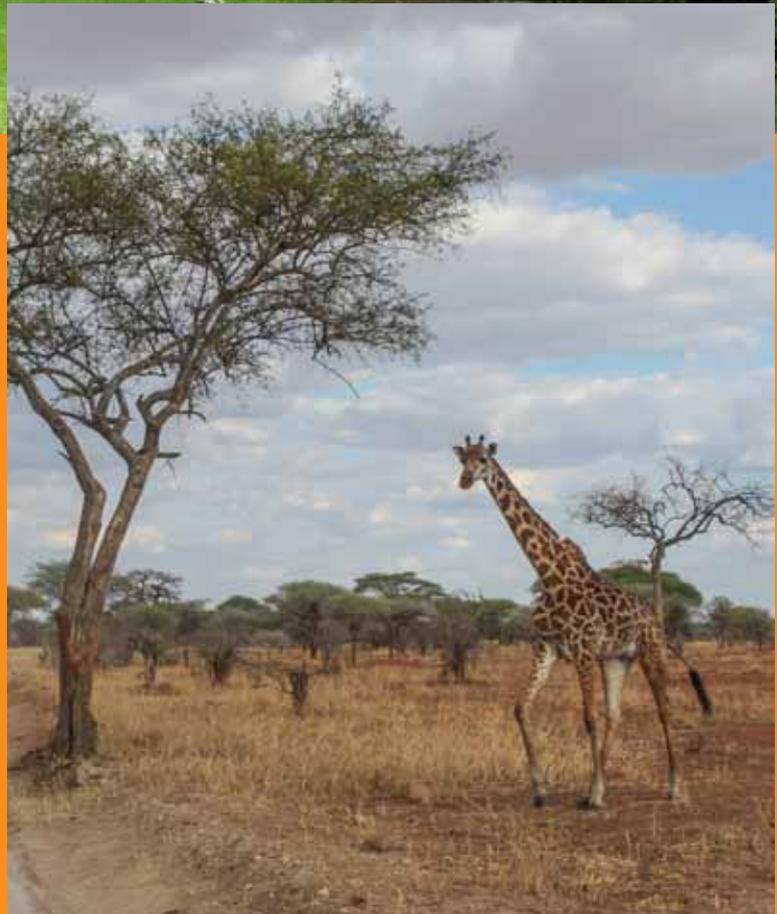
## Day 3:

A wake-up call with a cup of coffee or tea before heading to the vehicles for a dawn game drive. After breakfast we wave goodbye to Masai Mara and head to the Kakamega Rainforest. A stop at Talapia Beach Restaurant for a drink and a great view of Lake Victoria will break up the journey and allow us to arrive at Rondo Retreat ([www.rondoretreat.com](http://www.rondoretreat.com)) in the Kakamega Rainforest in time for a rest before dinner.



## Day 4:

Experience the peace and tranquillity of the only tropical rainforest in Kenya as we wake in the heart of the Kakamega Forest Reserve. The morning will be spent stretching our legs in this world famous equatorial rainforest known for its diversity of bird and insect life. For the energetic, a climb up Lirahanda Hill (locally called Smiling Bald Peter) provides a view of the stunning vistas of the forest and surrounding countryside. With 60 species of orchid, 367 recorded species of birdlife, 7 types of monkey along with mongoose and smaller antelope, we will need to keep our eyes peeled. A relaxed lunch before heading off for the final drive to The Nasio Trust Projects.



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*“Driving across East Africa was the most memorable thing I have ever done and the team was brilliant. For me the truly worthwhile part is to work with the children at the centres and to know that the work we do and the money we have raised is going directly to them”* **Di (Company Director)**



# Your Itinerary & Day 5 Onward

## Days 5 to 10

Days 5 to 10 are volunteering days at The Nasio Trust projects in Musanda and Mumias.

You will see how The Nasio Trust works with children and communities in desperate need in this very rural area. With the opportunity to help with activities such as child health care, building a mud hut from scratch, teaching and farming you are assured of a life changing experience.

Where you have specific skills or project preferences (e.g. gardening / teaching) we will be able to create bespoke projects for you.

## THE NASIO TRUST VALUES

THE NASIO TRUST DERIVES ITS INSPIRATION AND VALUES FROM THE CHRISTIAN FAITH AND BELIEVES THAT ALL PEOPLE ARE EQUAL AND ARE ENTITLED TO AN EQUAL QUALITY OF LIFE REGARDLESS OF THEIR SITUATION, FAITH, BACKGROUND OR SOCIAL STATUS.



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# About The Nasio Trust

Who are we and what do we do?

**We're empowering communities in western Kenya to break the cycle of poverty by providing education, improving health and developing commerce.**

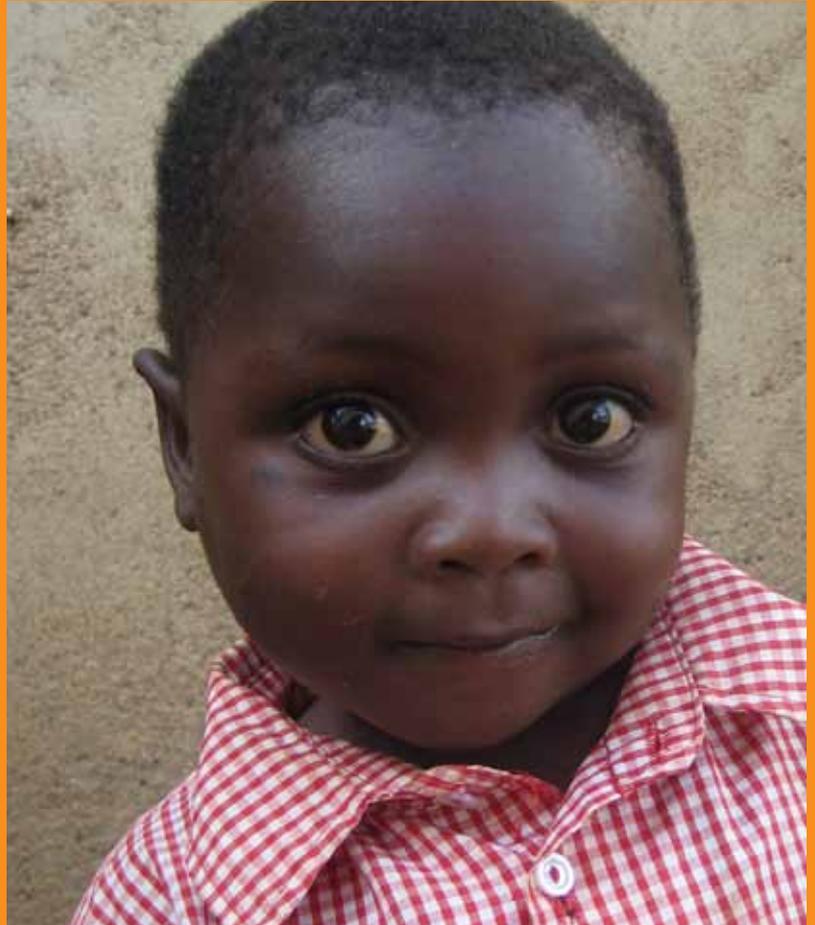
In Kenya we run two **Early Childhood Development Centres** in under-served rural areas with high levels of HIV. We now provide a daily meal, pre-primary education and medical care to around 400 children. We also work to improve living conditions with the local areas, building income streams and tackling the root causes of poverty.

**Find Out More at [www.thenasiotrust.org](http://www.thenasiotrust.org)**

## Did You Know?

**The 4x4 challenge started in 2014 when adventurers raised money to transport four 4x4 vehicles to the Nasio Trust projects.** There was an urgent need to get emergency vehicles to the children the Nasio Trust support highlighted by the unnecessary death of, Livingstone, a 5-year-old boy who died whilst being carried to hospital having fallen ill in the night.

Within days of the vehicles arriving in Western Kenya one was used to take the widow of Ali, of a much loved Nasio worker, to hospital so she could be with him before he died. Ali was a fit, strong young man whose diabetes was undiagnosed due to the lack of local, free medical facilities. The Nasio Trust now has four vehicles in Western Kenya and lives are being saved as a result.



**Livingstone Anwoma**

20th October 2008 • 5th November 2013

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# Trip Costs

The trip total is £2665 plus a Registration Fee of £295 to secure your place.

Trip costs have to be paid well in advance therefore 60% of the trip total is required 9 weeks before your travel date and 80% is required 7 weeks before the trip with the remaining 20% payable 2 weeks before the trip.

You may choose to fund the safari and rainforest days and/or the flights yourself then fundraise the remainder. The costs have been estimated at £700 for the safari and rainforest days and £600-£700 for the flights making a total of £1300-£1400.

At this point £2665 will seem like a lot of money to raise; don't worry unnecessarily about your fundraising though as it is a very achievable target. You will receive full fundraising tips and advice from the Nasio Team who will be on hand to help you.

**RESERVE YOUR PLACE NOW FOR JUST £295**



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# F.A.Q.

## Does Gift Aid count towards my fundraising total?

The Government's Gift Aid scheme means that if a donation is made by a UK Taxpayer, we can claim back 25p for every £1 donated at no extra cost to the donor. As this scheme works in a particular way, and often we do not receive the Gift Aid until long past the event, we are not able to include Gift Aid in your fundraising total, so the guaranteed minimum sponsorship target of £2,665 is exclusive of Gift Aid.

## What is included in the price?

- Return flights to Nairobi, Kenya
- Twin accommodation during safari section
- Shared accommodation at the projects
- All meals (with the exception of lunch at Rondo Retreat)
- All internal travel & National Park Fees
- Full back up crew

## What isn't included in the price?

- Connections to and from Heathrow
- Travel insurance
- Vaccinations & Malaria prevention medication – see [www.fitfortravel.nhs.uk/destinations](http://www.fitfortravel.nhs.uk/destinations)
- Kenyan Visa – you can apply online at [www.evisa.go.ke/evisa.html](http://www.evisa.go.ke/evisa.html)
- Spending money
- Drinks other than those provided with meals

## Do I need an International Driving Permit?

Yes, you will need to obtain an International Driving Permit obtainable for £5.50 from major post offices <http://www.postoffice.co.uk/international-driving-permit>. You will need to take proof of ID e.g. your passport, your driving licence and a passport photograph with you when applying. The start date can be delayed and the permit lasts 12 months. You can also apply online via the AA but the cost is a little more.

# How do I sign up?

Contact us now on **01235 856290** or [info@thenasiotrust.org](mailto:info@thenasiotrust.org) and we'll send you the registration form.

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