



2018

Annual Report



We're empowering communities in Kenya and elsewhere in East Africa to break the cycle of poverty by providing education, improving health and developing commerce through our sustainable income generating projects.

www.thenasiotrust.org

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Welcome from our UK Chair

I am pleased to present the Nasio Trust Annual Report for 2018.

In December 2018 it was such a proud moment in the history of the charity to attend the graduation ceremony of Japheth, our first supported child to achieve a degree in teaching. Japheth lost both parents, his brother and the family land but through the support of our dedicated team and his hard work Japheth graduated. Giving life chances to young people like Japheth is at the core of what we do.

Our Peer Education Programme, funded by The Egmont Trust, has had a huge impact among young people, providing access to reliable information on HIV, treatment and testing and sexual reproductive health matters and facilitating "safe spaces" for them to meet to discuss issues affecting them. Our aim is to break the HIV/Aids cycle for the next generation.

2018 has been a year where we have strengthened our partnership working with other NGOs and funders who complement and support our agenda for families to find a sustainable route out of poverty.

We could not achieve what we do without our committed trustees, dedicated team led by our CEO Nancy Hunt, who provides the inspiration and passion to reduce poverty and its impact in the communities we support. Finally, a big thank you to all of our loyal supporters whose financial and other help is so essential to changing lives for good.

Keith Budgen C.B.E (Nasio Trustee UK)



Welcome from our Kenyan Chair

Over the year we have introduced innovative programmes in partnership with government and other NGOs impacting on more vulnerable families in the communities we serve.

As a charity we have an excellent reputation in Kenya for working closely with the communities we support, improving lives of orphans and vulnerable children and their families as well as providing access to healthcare.

We support families with practical needs such as safe and secure homes. This year a number of families benefited from house construction and four schools from the provision of water tanks for safe and clean water. We also continue working to reduce jiggers through our schools outreach programme to reduce the negative effect of the disease on children's education and help improve their school attendance.

Our farming partnership with The World We Want and One Acre Fund enabled over 150 farmers obtain higher yields with improved quality, food security and improved diet. All this has only been possible through the overwhelming support from our God-given supporters.

We would like to thank our trustees, dedicated staff, partners and donors for their continued contribution and we look forward to strengthen these relationships as we develop our communities for the glory of God.

Joanne Tabuke (Nasio Trustee Kenya)

The Nasio Trust Story

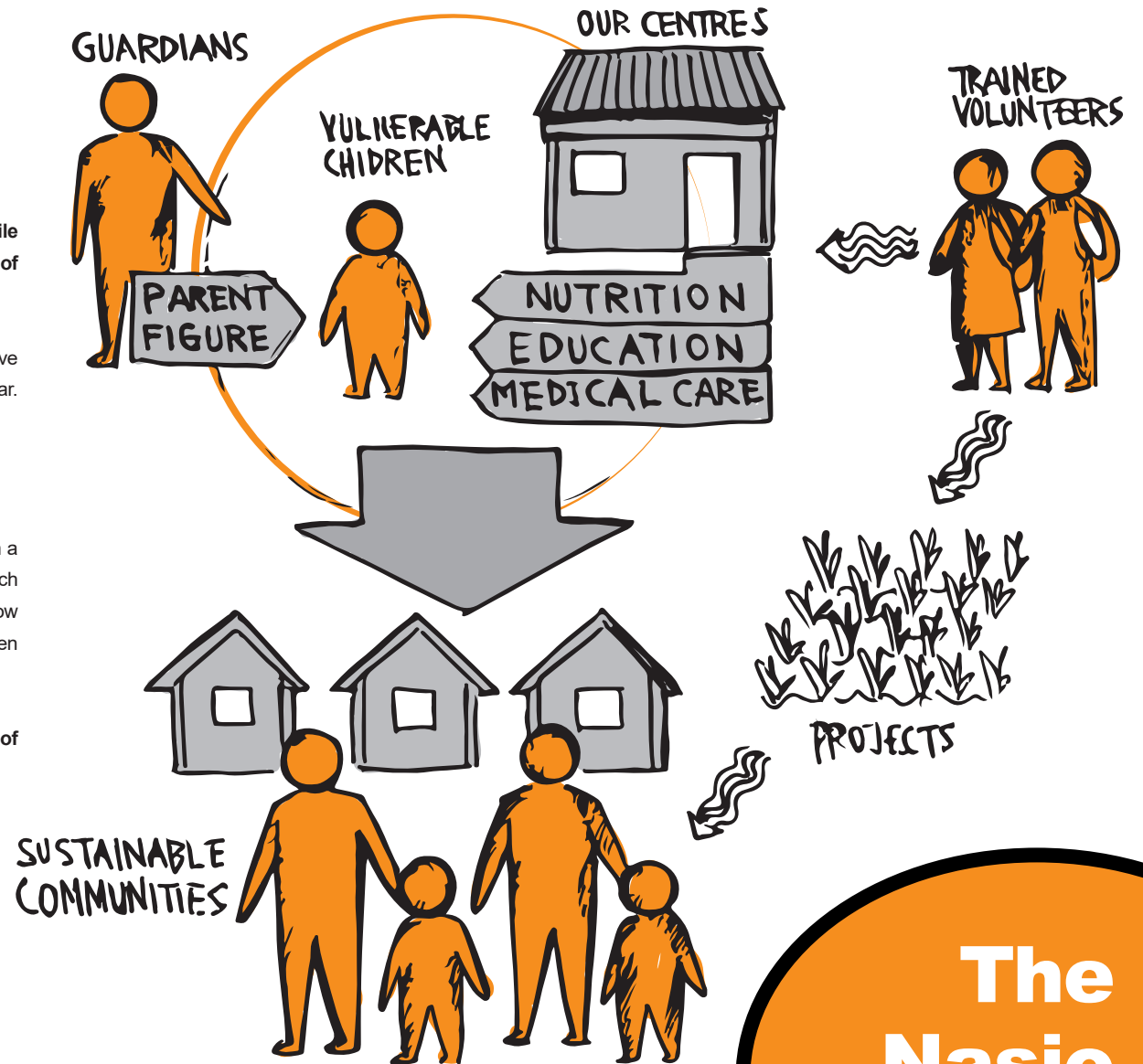
The Nasio Trust is a unique charity which identifies and supports vulnerable children while keeping them with a family, underpinned by the strong belief that the institutionalised care of orphans can often have tragic results.

Children who grow up in orphanages are likely to experience significant social, physical, and cognitive harm. Studies show that the institutions, and the child's journey through them, are depressingly similar. The tragedy is that so many of these "orphans" actually have a living parent.

Poverty is the largest driver of institutionalised care.

The solution isn't building more orphanages; it's finding creative ways for each child to grow up in a home, preferably the home of the remaining immediate or extended family. Not only is this a much better alternative to institutional care, but family support services cost a fraction (estimates are as low as 10%) of an institutional placement. The Nasio model works by providing services for the children while they are still living with a family.

On top of this solid foundation, The Nasio Trust empowers communities to break the cycle of poverty by providing education, improving health and developing commerce.



**The
Nasio
Model**

Our Vision

To achieve healthy, self-reliant and sustainable communities in Musanda and Mumias and to lead the way in replicating the Nasio Trust model in Kenya and elsewhere in East Africa as a route out of poverty.



innovative Spirulina production unit.

The unit adheres to national and international standards, producing a ground-breaking nutritional supplement. Spirulina is proven to tackle

malnutrition and boost the effectiveness of anti-retroviral drugs when used as a high protein dietary supplement, and the unit has created a number of employment opportunities for our guardians.



The Nasio Model is closely aligned to the United Nations Sustainable Development Goals (SDGs).

Underpinning our approach is support of vulnerable children in their family setting, interventions that build self-reliance to lessen dependency, and peer learning that will lead to sustainability and stronger, independent communities.

Achievement and Impact:

Our greatest achievement is community transformation. Although we are a relatively small charity, we focus on making the biggest impact with our limited resources and budgets. Adopting a cross-cutting holistic approach we have established three foundation programmes which when combined, provide the holistic support we believe is vital to improve the lives of orphans

and vulnerable children.

These comprise:

A vital 'social work and access to education service' that supports 337 vulnerable children through psycho-social care, food, security, advocacy and representation for child-headed house-holds.

There's also access to education and training with two ECDs (Early Childhood Development Centres). Health Care comes via a purpose built medical centre which provides lifesaving health and medical services to our children and the wider community.

Lastly we're nurturing entrepreneurship, having researched, developed and established an

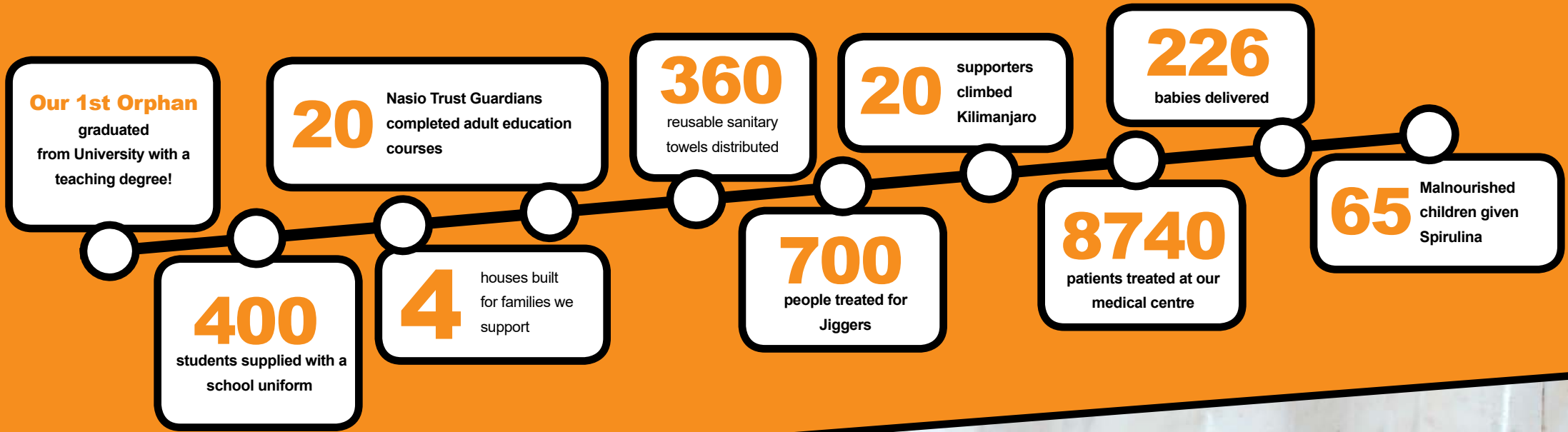
Impact & Long-term Change

The impact of our approach is reflected through established community education and health structures and social services that did not exist before Nasio's interventions.

337 vulnerable children now attend school, receive welfare support and have food security which has built confidence, self-belief and secure childhoods

where previously there was none. There is increased community health awareness so people stay healthy, avoid HIV and, through support given to small holding farmers, children have improved nutrition resulting in higher concentration levels and better educational outcomes as well as providing farmers with additional income from surplus produce.

2018 Nasio Trust Successes



Kenya at a glance

Kenya is a country in eastern Africa with coastline on the Indian Ocean, bordered by Tanzania, Uganda, South Sudan, Ethiopia and Somalia. Although Kenya's economy is the largest by GDP in east and central Africa, an alarming percentage of the population still lives in poverty, and life expectancy at birth remains low (67 years).

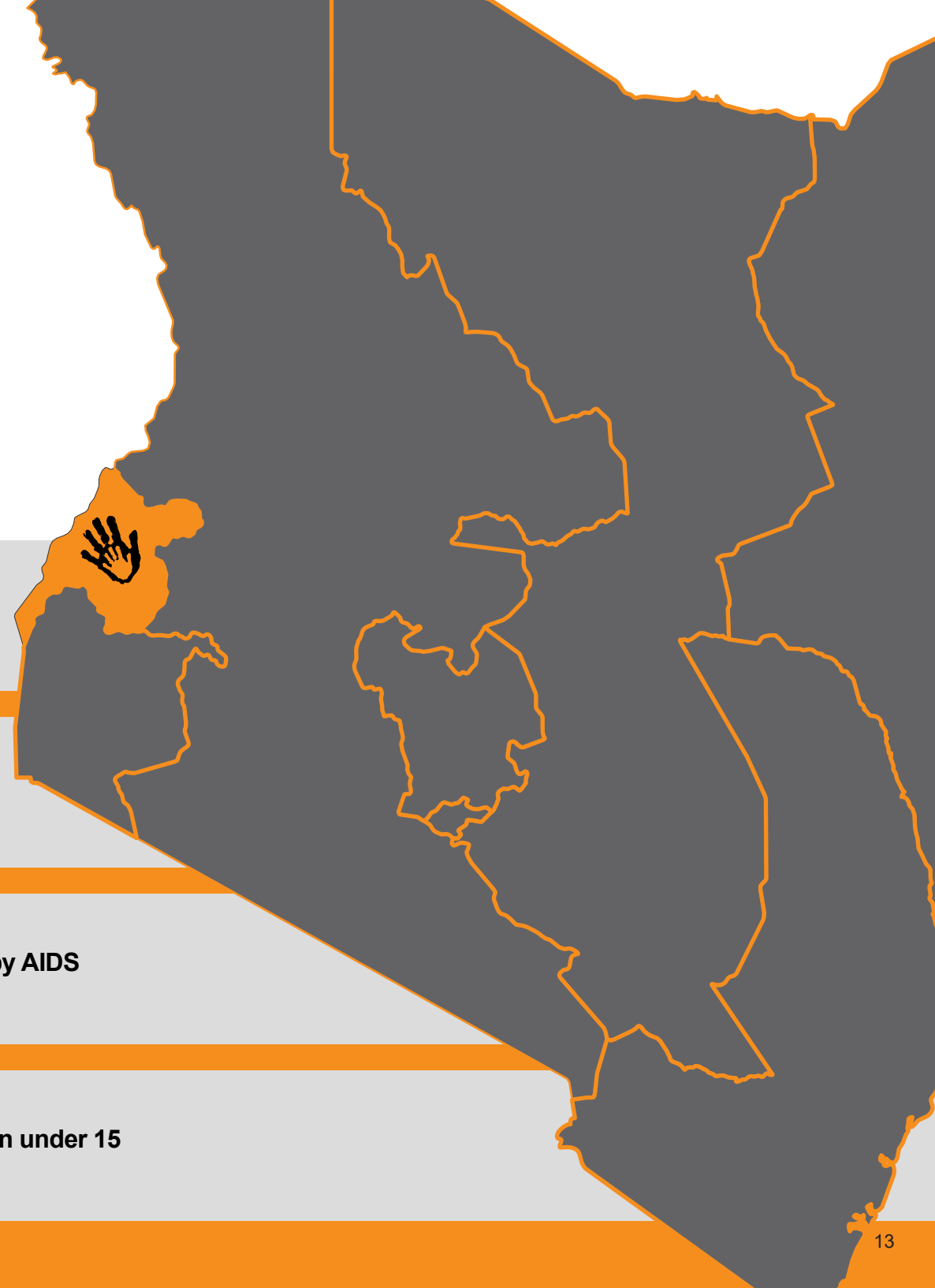
Kenya has the joint fourth-largest HIV epidemic in the world (alongside Mozambique and Uganda) in terms of the number of people living with HIV, which was 1.6 million people in 2018. Roughly 25,000 people died from AIDS-related illnesses in the same year, and there are now 660,000 children orphaned by AIDS. 41% of the population is under 15.

1.6M People living with HIV in 2018

25K AIDS related deaths in 2018

660K Children orphaned by AIDS

41% Of the population under 15



What your money can do...

One of the best things about being a smaller charity is the personal impact you create when you make even a small donation. By choosing to purchase an alternative gift, you make an immediate difference to the quality of someone's life.

£5

Set of pants and socks

These essentials are easily overlooked.



£8

A laying hen

Eggs and meat high in protein.



£10

A solar light

Solar light allowing study in the evening.



£14

2 warm blankets

Protection against the freezing night air.



£20

2 treated mosquito nets

Reducing malaria outbreaks saves lives.



£40

Fund a start up

Help a widow provide for her family.



£280

Rainwater system

Water supply tank to get through the droughts.



£680

Build a family house

Build a home for a family in need.



£750

Build a toilet

Guard against the spread of disease.



You buy it, we give it,
people in Kenya get it...

See them all at www.thenasiotrust.org/gifts



Peer Education

Following the generous funding from Egmont Trust we implemented a successful Peer Education pilot in 2018.

The programme offered over 400 vulnerable adolescents the chance to increase their awareness and understanding of health issues, staying safe and avoiding HIV, reducing early sexual debut and teenage pregnancies as well as creating stronger communities through youth citizenship. Young people are sensitised on staying away from engaging in harmful practices, including

early marriage, gender-based violence, sexual exploitation and drug and substance abuse.

Over 65 Peer Educators were successfully trained; their intervention and impact will reach a further 20,000 youths living in Musanda and Mumias transforming their lives.

We could not have achieved this without the incredible support of the Egmont Trust



Case Study: Cedrick

Cedrick Onyango aged 12 was trained as a Nasio Trust Peer Educator. He took up the challenge to practise what he learned by sensitising fellow peers on matters of sexual and reproductive health.

He trains and facilitates sessions with other students; his target is to reach 1800 schoolmates in the same school. He also formed a health club with 80 members, which is overseen by two nominated teachers who provide advice and guidance.

Through the leadership skills gained from the Peer Education programme, Cedrick has been appointed the school president and at county government level

he qualified for a national leadership competition in primary school. He has shown confidence and become a role model to his peers, able to influence positive behaviour and attitude.



Case Study: Florence

Florence is a 21-year-old Peer Educator in Mumias and a student training in Early Childhood Development Education.

She has mobilised and sensitised her college students on matters affecting their sexual reproductive health and HIV. She has formed a college health club that comprises 82 members from different faculties who meet weekly. They are more knowledgeable and positive about behaviour change and knowing their HIV health status. Students are now able to talk freely about their sexual reproductive health at Christian youth meetings.

“With the knowledge I gained in Nasio Trust Peer Education program, I am encouraged go for higher studies to Degree level”



Primary & Secondary School Education

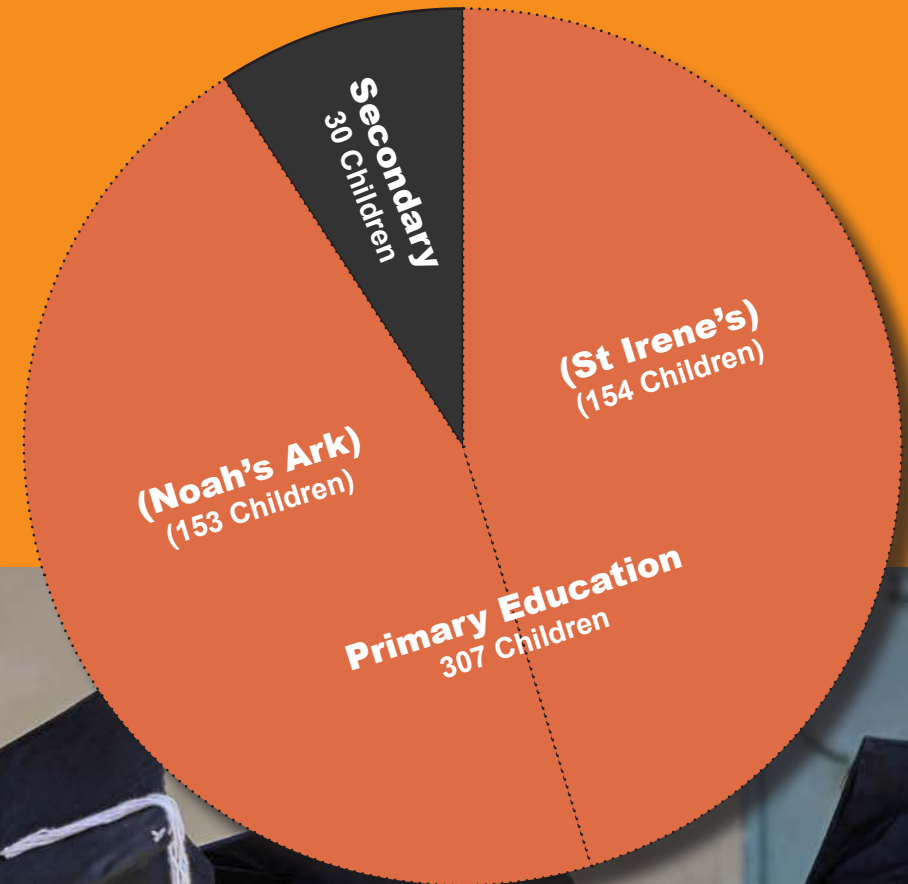
Although free primary education is provided in Kenya, pupils are expected to supply their own school uniforms and equipment which can be prohibitive to entry for a large number of children from impoverished backgrounds.

We offered educational support to 337 children under the umbrellas of our two Early Childhood

Development Centres (ECD's); St Irene's & Noah's Ark. We also support a growing number of children in secondary education.

Education support is one of the gifts available on our alternative gifts page.

Find out more at www.thenasiotrust.org/gifts





Adult Education Classes

With £1000 funding from Eleanor Rathbone Charitable Trust, presented to the charity in March 2018, we have been able to initiate a 12-month adult education programme in Musanda, Western Kenya. 27 women attended the classes held at St Irene's day care centre, held four times a week.

The classes are run by former head teacher Norah Neonda, who encourages a bit of healthy competition between these incredibly determined women, leading team challenges, involving word play. Norah's style of teaching is inspiring and she is an excellent role model to these women, whose ages range from 24 to 72. Norah tells the class: 'you must leave your shame outside the door, because when you come here, you must be brave'. Throughout 2018 we have seen significant

changes in the character of some of our students, and the women who regularly attend the classes are growing in confidence each day. Norah's students are delighted to be able to interact with visitors from the UK who volunteer at our projects, and many intend to use their new skills to set up small business ventures.

"You must leave your shame outside the door, because when you come here, you must be brave"
Norah Neonda
 (Educator)

Case Study: Salome Atera

Salome is a 52-year-old mother of 14 children but sadly 9 have passed away. When she joined the adult class, she was unable to read or write, but through gritty determination and hard work, she has learnt to hold a pen and can now write her name and sign documents with clarity and understanding and can read simple English sentences.

Salome is a good learner and supporter of the adult literacy class. Through her active advocacy in the community she has encouraged more learners to join the class. Her greatest desire is to speak fluent English and to be able to write

clearly. Through her commitment and regular attendance at the class, she has become a jewel to admire in the village.

Her determination has boosted her self-esteem and she has become a group leader in The One Acre Fund, one of our community programmes. With her new found confidence she communicates with members of a diverse community with ease and light humour.

Being a Christian, Salome loves to read her bible and says she is looking forward to improve daily in her speech, reading and writing capabilities.



Through her active advocacy in the community, she encouraged more learners to join the class



Thank you MPM!
Thank you for funding our computerised medical system at our George Mudeny Kadima Medical Centre in Musanda, this has improved our patient care and staff productivity.

Medical Centre Update

In February 2018 we carried out an assessment of the health services provided to determine the most frequently diagnosed diseases, access to HIV/AIDS services, immunisation and prenatal and antenatal care to identify any gaps and how far patients travelled to access treatment.

We found that patients came from 64 different localities. The most common ailment was upper respiratory tract infection in 19% of patients caused by cooking on open fires in enclosed spaces, not realising the harmful effects of the smoke. This was followed by malaria at 14% caused through lack of awareness of preventative measures and being unable to afford mosquito nets. The prevalence of malaria among children under 5 years, who are most at risk, was worryingly high.

Thanks to MPM's generous funding we were able to install an electronic medical records and management information system in our medical facility to improve efficiency, patient diagnosis and security of health records. It has helped us to monitor and prevent the prevalence of diseases like malaria by focusing more on preventative measures.

Thanks to our generous supporters we were also able to purchase a Haematology Analyser to count and characterise blood cells for disease detection and monitoring, especially in HIV infection, monitoring antiviral treatment and identifying patients at risk for opportunistic infections.

Income Generating Projects

Guest House

Our Guest House accommodated 85 volunteers in 2018 with placements lasting between 3 days and several months. We welcomed visitors not only from the UK but also from Abu Dhabi and Sweden.

Our volunteer programmes are hands-on and we work hard to match the skills of the volunteers to the project needs, ensuring satisfaction all round. The 4 houses built this year were constructed by our volunteers together with local builders. These community projects have a big impact in the community as well as providing new skills all round.



Cafeteria

Our cafeteria set up next to the Medical Centre provides patients and the local community with nutritious meals, snacks and drinks. It also is a hub for our staff and the community to meet and talk as well as providing much needed income for our projects.

Spirulina

The seven guardians working in our Spirulina greenhouse produce 4kg of dried Spirulina a month, which is enough to make 8,000 capsules a month for use as a food supplement. This not only benefits our malnourished children (22 at St Irene and 18 at Noah's Ark) and those in need in the community, but also provides the guardians with an income to support themselves and their families. People in the community buy the product at an affordable price and the income from this is reinvested in the Nasio projects.



Farms

We acquired 9 acres of land for our food production, especially of maize which is the staple food. Our aim is to produce over 200 bags of maize each growing season using better farming methods introduced with the help of One Acre Fund. This means all children can be fed from our own produce and therefore save costs. **More info at www.oneacrefund.org.**



Dairy

Christine the cow is pregnant again (the calf is due in January) and currently producing 11 litres of milk per day (saving the charity £150 a month on the purchase of milk). The milk is given to the malnourished children at St Irene's and the funds saved can now be used to pay for other items like healthcare and food for the children

Child Sponsorship

Child sponsorship is one of the ways you can support a child in our care, provide them with an education, an opportunity to be a child and grow to reach their full potential.

We know poverty is a thief. It robs children of the right to grow up strong and healthy. It steals their time to play and denies them the chance to sit in a classroom and learn. From our child sponsorship programme donations we are able to fund our work at the Early Childhood Development Centres. We provide basic needs of food, medical care and education. In 2018,

25 new children became sponsored through the Nasio Trust raising our total to 337.



Japheth is our 1st Graduate!

We're brimming with pride to be able to tell you that the very first of our supported children graduated university this year with a bachelor in education from Musinde Muliro University of Science and Technology. Well done Japheth!

In attendance were: Nancy Hunt, UK and Kenyan charity chairs, as well as Nasio Trust trustees.

From the entire Nasio Trust family we want to say thank you to Japheth for the hard work and dedication he has shown towards his studies and we all wish him a bright future filled with success.



Rhoda's story

"My name is Rhoda Atieno, 20 years old, a beneficiary of Nasio Trust sponsorship since 2003. I am a volunteer at the Medical Centre as the receptionist and cashier. I appreciate Nasio Trust for enabling me to be the person I am today.

Thank you for the gifts I normally receive every year. These have given me the things I need for primary school such as books, pencils and a bag. The sponsorship has also paid my secondary school fees which is not an easy thing for me to do.

I also appreciate the money we are given during the volunteering period. It is helping me to buy anything I want when I am out of school. I have nothing to reward but only God can do it. May God bless you all for your support. **Thank you!**"



Hezron's story

"My thanks goes to the Nasio Trust organisation. Actually it has helped me a lot since I joined it from the year 2010.

I have received a lot of care and love. They helped me with academic materials to ensure that I pass my exams and through Jesus Christ, I passed it with flying colours.

I really appreciate the Nasio Trust organisation's support – it has changed my life positively. Now I can see a bright future ahead. May God bless this organisation for its support to me."



Find Out More at www.sponsorachildinneed.com

Volunteering with Nasio

The Nasio Trust runs a volunteering programme, popular with young people. It gives students the opportunity to learn what life is really like in the developing world and, unlike many corporate organisations running gap year excursions, our programmes are hands-on. Volunteer placements can last between 10 days and several months, tailored to suit individual needs. We also provide elective placements for students studying medicine, nursing, midwifery, nutrition and occupational therapy. All our volunteer placements directly help the communities (we do not support 'Voluntourism') we match the skills of the volunteers to the project needs.

"During my Kenyan experience, I was struck by how optimistic the locals were. No matter their situation they always had contagious smiles on their faces; something I will never forget and hope to implement in my life. Since returning, I have advertised for the charity within my school and organised a cake sale to raise money for the 'Knickers for Kenya' campaign which I think demonstrates the impact the community has had on me." Hannah

"The friendliness of both the Nasio staff and the children when we arrived was exceptional, instantaneously making me feel welcomed. The wide range of activities we participated

in at the schools ranged from, egg and spoon race to football, and the amount of enjoyment all of us achieved was truly unforgettable."

Jir

"We had no idea what to expect. The first thing I believe all of us felt was the strong welcome and the overwhelming sense of positivity that radiated from everyone we met, whatever their situation. The trip was not only a brilliant experience for us personally, but I'm sure what we did in Kenya made a difference!"

James



Find Out More at
www.volunteerforcharity.org



"...they always had contagious smiles on their faces; something I will never forget and hope to implement in my life."

Hannah

Change Through Some Of Our Valued Partnerships

Egmont Trust

A big thank you to Egmont for funding a Peer Education programme. We have trained over 250 young people in psycho-social support, and sexual reproductive health. www.egmonttrust.org



Westers Funding

Thank you for the provision of solar lights to help our students study at home. As well as a conservation study by Oxford University interns and the planting of over 300 trees to improve the environment.



The World We Want

Thank you for providing funding support for over 200 farmers working with the One Acre Fund model. Providing high quality seeds, fertilizer, and expert agricultural training to improve crop yields.

Earthwise

Thank you to the Didcot-based company Earthwise Trading who have been donating reusable sanitary pads to the Nasio Trust.

For every pack of three pads sold, one is donated to a Nasio supported girl in Kenya. We were able to distribute 200 pads this year to the standard 6, 7 and 8 girls keeping them in school.

www.earthwisegirlsuk.co.uk



MPM Trust

Thank you to MPM Trust for funding solar power in our medical centre, an energy back up system during power black outs.

Zeitgeist

Thank you to Zeitgeist trans-creation services for generously funding 2 house builds as well as a host of other essential items.

You can read the full story later in this report in "A Christmas Alternative Gifting Story".

www.zeitgeist.eu.com





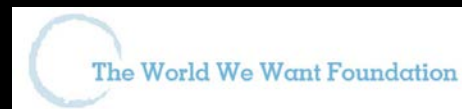
Nasio & One Acre Fund Farming Project

With great thanks to funding from The World We Want we supported over 150 Nasio Trust subsistence farmers using the One Acre Fund model.

We provided high-quality seeds, fertilizer and expert agricultural training to improve maize quality, crop yields and profits. The programme was very successful with many farmers experiencing an increase in their yields of up to 50% compared to previous years.

Supporting families to have sufficient food will ensure health and nutritional needs are met improving children's attendance at school, achieving higher educational standards, improving income for families and helping them to find a sustainable route out of poverty.

In 2020 we aim to increase the programme to 500 farmers.



Rotary Club Support In Tanzania

The Abingdon Rotary Club and Rotary international provided funding for the installation of water tanks in Oldonyo-sambu Tanzania. This area has a population of around 10,000 and has been severely affected by fluorosis due to the contamination of their water supply.

A big thank you to the Abingdon Rotary Club and Rotary International for the funding. This will ensure that children have access to clean safe, drinking water so reducing exposure to the risks of fluorosis.

This is an excellent, more local project, for our Kill climbers to visit after their climb to see one way their donations make a difference.



Global Leadership Training Conference



We know that the quality of outcomes we can expect is directly related to the level of investment we make into our staff.

In 2018 Nasio staff in Kenya were able to attend a Global Leadership Conference in Kakamega. This allowed them to improve their leadership skills and network with other like-minded individuals.

The group had a fantastic time and look forward to continuing their professional development in 2019 and beyond.

The Fight Against Jiggers

Jiggers are parasitic insects found in most tropical and sub-tropical climates. It is native to Central and South America, and has been inadvertently introduced by humans to sub-Saharan Africa.

Approximately 50% of children in areas where we work are affected by jiggers. Left untreated the consequences are severe, in extreme cases leading to amputation of limbs or death. Even mild infections are detrimental. Children perform less well at school and often drop out because of the debilitating effects and the pain, trapping the next generation in poverty.

In 2018 we treated over 700 people for jiggers, freeing them from the misery and discomfort of infestation. The sheer volume of people affected has quickly shown that if we're going to make a long-lasting difference in the fight against infestation, we need to prevent it from happening in the first place.

With this important work in mind, 2018 saw the launch of our "Shoes for Africa" appeal which seeks to kick-start a number of local shoe making workshops in Western Kenya. Not only will we be able to distribute shoes to those in need (to prevent them from ever experiencing the pain of jiggers) but excess stock can be sold, injecting much-needed income into the local communities we support.



Donate Now At:
thenasiotrust.org/shoes



A Christmas Alternative Gifting Story!

Whilst hosting a Nasio stall at a local Oxford Christmas event we were approached by a wonderful gentleman who was keen for our founder Nancy to come and speak at his children's school.

He wanted to offer his support for the charity and after a quick look at our website, he saw an opportunity to purchase some alternative gifts for his company "Zeitgeist's" clients at Christmas.

He ended up funding 2 full house-builds, as well as gifting a number of other items!

The 2 houses (plus 2 others gifted by other generous donors) were successfully constructed in 2019. They have truly changed the lives of 4 families.

... And what better way to celebrate Christmas than through the gift of giving?

Donate alternative gifts today at thenasiotrust.org/gifts



"The trip was the most beautiful and inspiring one I have ever been on and I cannot wait for future trips. It made me so appreciative of my family and my home and it has made me so much more confident" Libby



The houses have truly changed the lives of 4 families

Partnership with YoCO

The Nasio Trust, in partnership with Youth Challenge Oxfordshire (YoCO), has successfully hosted young people from the youth development programme at our projects in Kenya.

We welcomed seven young people from Blackbird Leys and nine young people from Berinsfield to our projects in Musanda and Mumias in 2018 and look forward to more groups volunteering with us in 2019.





Davide & Ida's Kili-Honeymoon

Scaling the highest mountain in Africa might not be everyone's idea of a romantic honeymoon, but for Davide & Ida the choice was easy.

"The moment we decided for a honeymoon, for me it was already clear: it had to be for charity! After some research and after some talks with friends who already had done it, we ended up with the idea of climbing Kilimanjaro.

Then we were done; the rest is just an amazing,

once-in-a-lifetime trip to a fascinating country; a 7-day-hike from 2600m to almost 6000m supported by extremely nice people (guides and porters).

7 Days to cross 4-5 different habitats and fascinating landscapes, from tropical forest, to the very top of Africa - one of the harshest places we have ever been.

7 days of food: we ate more food than

we ever thought we were capable of. 7 days of very smelly toilets (yes this is all part of the climb experience as well).

7 days of "jambo jambo" 100 times a day or more!

7 days of true us...

The Nasio Trust was super-supportive in all the phases of our trip, from the decision on the period/ duration to the final arrangements.

At the very end of our trip, once the tough part was already a memory and we could relax a bit, The Nasio Trust sent us a wedding cake! A cake (and non-alcoholic champagne-like drink) made specially for us, delivered by our guides and porters with a local song and local traditional dance.

Thank you The Nasio Trust, you made our journey to Tanzania and to Kilimanjaro unforgettable!"

Begin Your Kili Adventure Today
www.climbkilimanjaroforcharity.com





Plans for 2019/20

Jiggers

Treatment costs just £2 a person. We are also exploring how we can set up a shoe making workshop in Kenya to help eradicate jigger-infestations and generate much needed income in poor communities.

Malaria

Prevention costs £5-10 for a mosquito net and treatment costs just £5 to save a child's life at our medical centre.

Running with Kenyans

We are looking for runners and athletes of varying abilities for a once in a lifetime opportunity to travel to the high altitude training centre in Iten, Kenya, to train and experience what it's like to run 'the Kenyan way'. Visit www.thenasiotrust.org/run

Health Care Insurance

Our new campaign will ensure that each of our families have health care insurance to receive free medical and hospital treatment at a cost of only £4 per month for a family.

Literacy and Numeracy

Many adults did not receive an education because of poverty. Thanks to Eleanor Rathbone we are running a series of adult literacy and numeracy classes to address that.

Reusable Sanitary Towels

Our vital campaign continues based on our success in 2018 where we provided 360 reusable sanitary towels.

Youth Bike Project

Thanks to the inspiration of the Sefton family we are working in partnership with local businesses in Mumias and in Wallingford to open the Nasio Youth Project. This is a centre with a bike track where the young people can hang out, talk to a youth leader or learn how to fix bikes.

Textiles Hub

Izzy Kearns is a passionate Nasio supporter who is working to open a textiles hub that will be used to teach the children and used as a base to run a sewing business to support a family.



Mission Statement...

To support & empower communities in East Africa to break the cycle of poverty by providing education, improving health and developing commerce through sustainable income generating projects.

OUR 5 YEAR STRATEGY

- Break the cycle of poverty in East Africa through education, healthcare, food, security and commerce, enabling communities to be resilient and self-reliant.
- Improve the health and well-being of communities in East Africa.
- Support communities to set up sustainable income-generating projects.
- Provide volunteering opportunities in East Africa and UK.



Income & Expenditure

Year Ending 31/12/2018

YEAR ENDING	31/12/2018
Income	
Donations	£116,898.60
Fund raising	£174,893.68
Grants	£16,297.89
Income (rounded)	£308,090
Expenditure	
Project Costs	£155,597.95
Fundraising expenses	£ 58,880.10
Governance	£3,403.17
Office expenses	£20,125.64
Fees & Insurance	£3,191.78
Salaries	£51,667.52
Depreciation	£16,376.98
Expenditure (rounded)	£309,243
SURPLUS/DEFICIT	-£1,152*
<p>*It is the policy of Nasio Trust not to borrow for the purposes of investing larger capital projects. During fund raising for such projects, our accounts are likely to show a surplus in that year. Likewise, when we undertake implementing a project, a 'paper loss' may appear in the following year. In 2020 we have made the decision to implement the prepayments and accruals method which in future should annul these variances.</p>	

Balance Sheet

Year Ending 31/12/2018

ASSETS	31/12/2018
Fixed Assets	
<i>Fixed Asset Total</i>	£71,943.28
Current Assets	
Stock	£4,248.53
Debtors	£10,555.44
Cash at Bank	£19,978.74
Current Assets Total	£34,782.71
Current Liabilities	
Creditors	£24,737.97
Taxation	£2133.70
Current Liabilities Total	£26,871.67
GRAND TOTAL	£79,854.32

ACCUMULATED FUNDS	
At 1st January 2018	£69,745.62
Income & Expenditure Account	£-1,152
Restricted Funds	£11,261.67
GRAND TOTAL	£79,854.32

Signed on behalf of
the charity's trustees
Jonathan Hunt,
Chairperson

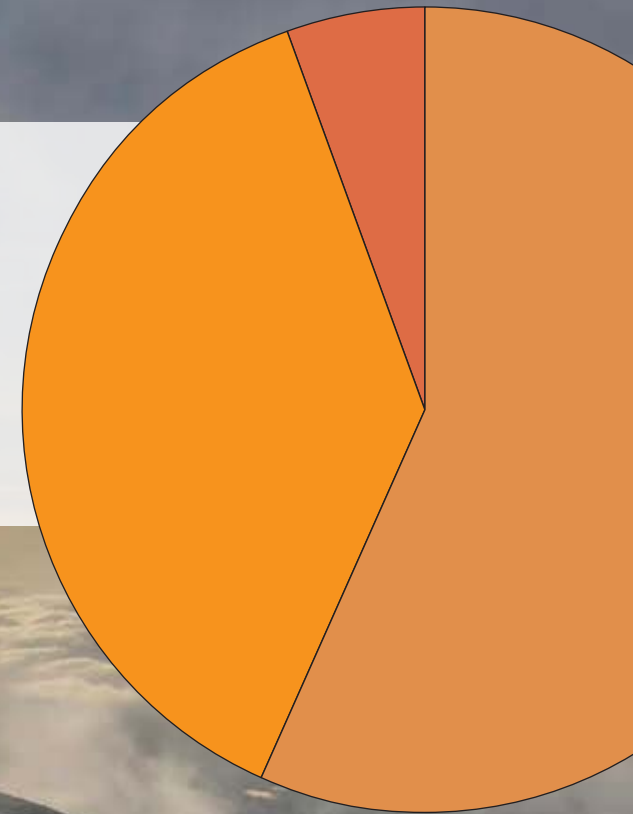


In 2018
We raised over

£305K

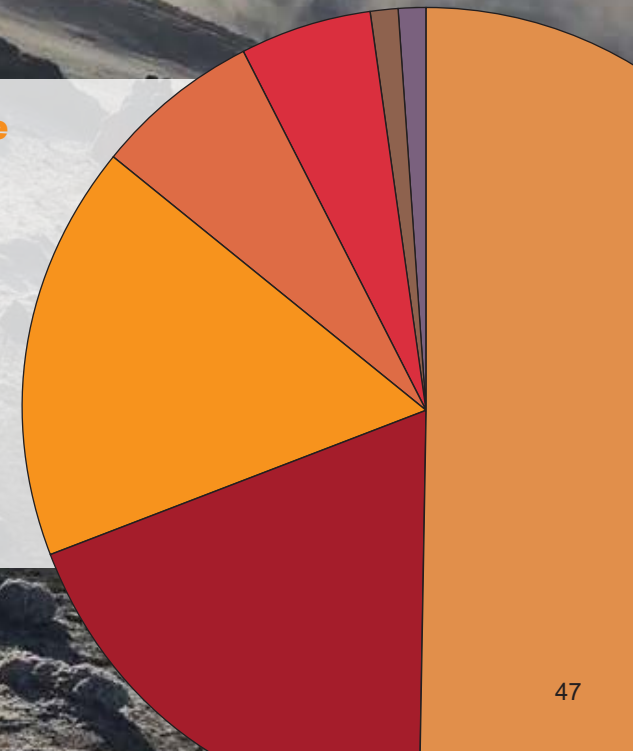
2018 Total Income
£308,090

- Fundraising £174,893 (56%)
- Donations £116,898 (39%)
- Grants £16,297 (5%)



2018 Total Expenditure
£309,243

- Project costs £155,597 (50%)
- Fundraising £58,880 (19%)
- Salaries £51,667 (17%)
- Office expenses £20,125 (7%)
- Depreciation £16,376 (5%)
- Fees/Insurance £3,191 (1%)
- Governance £3,403 (1%)



In Loving Memory

3/9/2007 - 11/07/2018



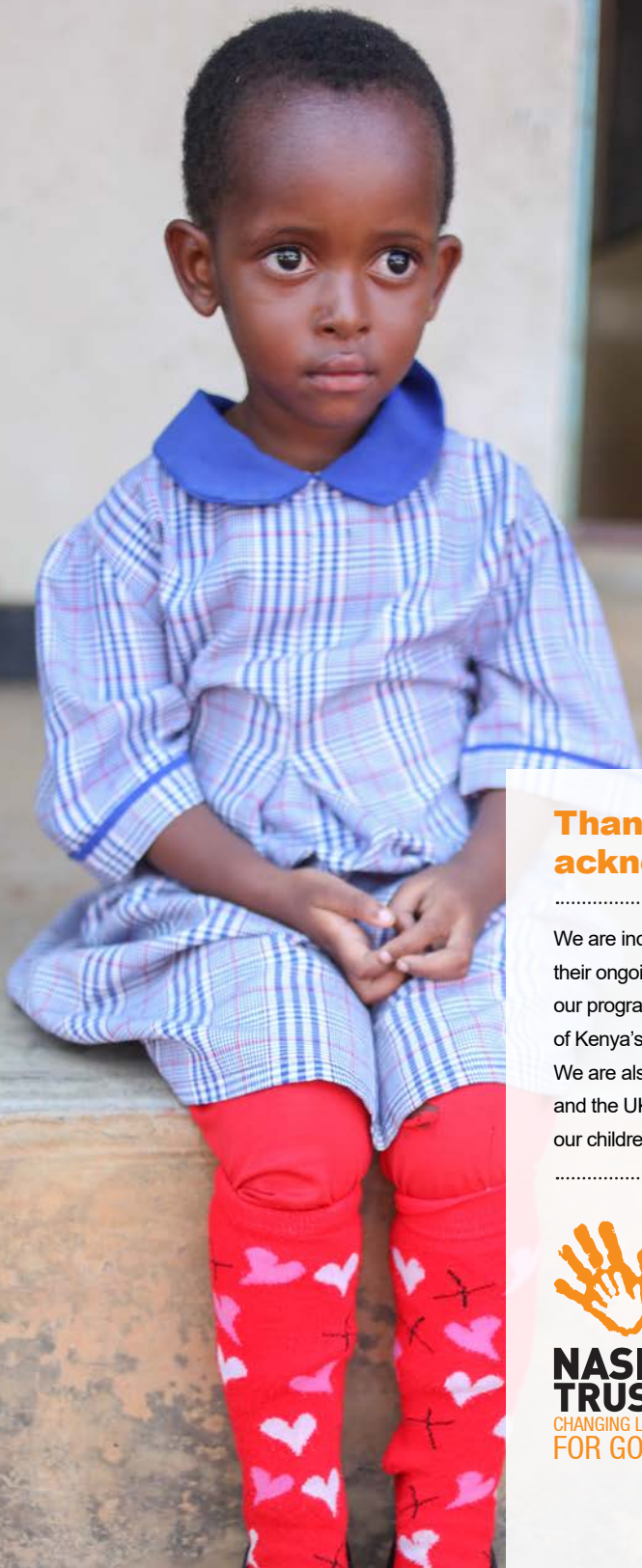
On the 11th of July 2018, Laventa Atieno Opatha tragically passed away in her sleep at the age of 10.

Laventa attended St Irene's Day Care Centre.

Her death came as a complete shock to us all at The Nasio Trust, especially our team in Kenya.

Her teachers described her as a bright girl, and Laventa herself would say that her favourite subjects at school were Mathematics and English. She absolutely loved to play football with her friends.

She will be missed by all that knew her.



Thanks and acknowledgements

We are incredibly thankful to all of our supporters for their ongoing dedication which allows us to continue our programmes and create brighter futures for some of Kenya's most vulnerable children and communities. We are also grateful for our dedicated staff in Kenya and the UK who provide continual support and care to our children each and every day.



**NASIO
TRUST**
CHANGING LIVES
FOR GOOD

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