

NASIO NEWS

Issue 14



**NASIO
TRUST**
CHANGING LIVES
FOR GOOD



“For I know the plans I have for you” declares the Lord. “Plans to prosper you, and not to harm you, plans to give you hope and a future”
Jeremiah 29:11 NIV

Our Latest Achievements

17,763 patients treated, 446 babies delivered and 19,527 Covid vaccinations at our medical centre

75 National Hospital Insurance Fund (NHIF) enrolments for vulnerable families

2 Nasio supported children graduate as medical students

43 adults attending literacy and numeracy lessons

1,507 reusable sanitary towels donated to keep girls in school

560 Farmers supported and **14,038 trees & seedlings planted**

1,991kg of spirulina produced and **162 Children fed daily**

3 family homes constructed and **668 gift items donated** and distributed

This is just a sample of the amazing things we were able to do last year, thanks to your support.

The Nasio Trust, 10 Broad Street, Abingdon, OX14 3LH
Telephone: 01235 611200 Email: info@thenasiotrust.org Web: www.thenasiotrust.org

The Nasio Trust is registered by the Charity Commission - Registered Charity No. 1104542

2022 Key Dates and Appeals

2nd April Oxford Indie Book Fair

Wesley Memorial Church in New Inn Hall Street

3rd April Kennington and District Choir

Performing Vivaldi's Gloria and Pergolesi's Stabat Mater, Wesley Memorial Church in New Inn Hall Street 3.30pm

30th September The Nasio Trust Charity Golf Day

Enthusiastic amateur, or avid golfer... You'll be welcomed at the Springs Golf Club, Wallingford

16th October Oxford Half Marathon

Support Nasio while getting fit and completing this fantastic half marathon

Get Your Trainers On Run and Train Where Kenya Make Champions

Be part of our first group for this high altitude challenge: thenasiotrust.org/run

Flexible dates throughout 2022/23 Climb Kilimanjaro with the Nasio Trust

Take on the Kili challenge of a lifetime at www.climbkillimanjaroformcharity.com

To register or find out more about these amazing events:

Contact us at
info@thenasiotrust.org
or call 01235 611200

Getting a Good Night's sleep

Thank you to everyone who donated to our bed appeal. With your support we provided 51 beds, 64 mattresses plus bed sheets and blankets. Children no longer have to sleep on mud floors which will improve their health and enable them to be more attentive at school. This work will be ongoing, as a good night's sleep is essential for any child to be able to focus and study.



Thank you for supporting us in our Covid campaign

We had a phenomenal response. Nasio has provided 19,527 vaccinations. Nasio tailors have made masks for 1000 people and our sensitisation outreach protected thousands more people not least by providing hand-washing facilities where there were none. This has helped reduce Covid's impact in this part of the world. A big thank you to DAYMARK Family Foundation for raising over £30,000



Nasio Trust Celebrates 20 years

In 2021, Nasio Trust celebrated its 20th anniversary with a special service of thanksgiving and celebration followed by a "Fun Day" at Dorchester Abbey in Oxfordshire.

Thanks to the Rector Sue Booy and her team for making the day so successful. Our 20th anniversary appeal to extend Nasio's GMK Medical Centre in Musanda went very well. Thanks to everyone who has supported us in raising over £100,000 to start work on extending the facility. We still have some way to go in fundraising to achieve our ambition to meet the increasing demand for good quality healthcare. Over the last year patient numbers increased by 70% to 17,763 and 446 babies were safely delivered.

An enormous thank you to everyone who contributed and especially to Bryn and Conor, who challenged themselves by running 1000 miles between them in the month of July to raise funds.

Support our medical centre appeal at www.thenasiotrust.org/medical-centre or consider a gift in your will at www.thenasiotrust.org/legacy.



TechPixies – Joy Foster

TechPixies, an award-winning social enterprise helping women boost their confidence with technology, celebrated International Women's Day with Nasio, running events that celebrated women all over the world raising funds for our 'bed appeal'.

For more information or to sign up for events: Call us on 01235 611200

First Library in Mumias West

With thanks to Sylvia Vetta and friends from Kennington who are leading the project to provide the very first library in Mumias west, Kakamega County (the size of Oxfordshire) with support from African born children's book illustrator Korky Paul, who will help us access books and support our fundraising appeal. Sylvia and Nancy's novel "Not So Black and White" is now available on Kindle and paperback and is available to download from Amazon. £5 from every paperback sale goes towards the fundraising for the library and providing literacy classes for women in rural western Kenya.

For more information visit www.thenasiotrust.org/library now!

Nasio Recognised as 2021 Gold Standard Internship Host by Oxford University

We have worked in partnership with Oxford University for over 6 years to welcome their students on voluntary internship placements in the UK and in Kenya.

Our interns have provided valuable contributions to our work over the years and we are so proud to be recognised again as a 'Gold Standard' internship host for 2021.

Nasio supports farmers in agriculture in partnership with One Acre Fund OAF)

Thanks to Albatha and The World We Want (www.theworldwewant.se) we supported 560 subsistence farmers to have food security and help break the cycle of poverty.

Farmers are provided with high-quality seeds and fertiliser with training to maximise crop yields for food security and the surplus to provide an income.



In Loving Memory: Nasio Guardians Abdul Kundu & Mwanaisha Omurunga

Mwanaisha was the grandmother of Mohammed Omurunga (6 Years old) one of our children. Mohammed is now being looked after by another member of his extended family.

Abdul was the grandfather to Shaffi Musindalo (8 Years old) and Yusuf Atsoka (9 Years old) our children. They are now being looked after by another relative.

Child profiles

Sharon Akinyi & Terry Atieno

Sharon Akinyi, 9 and Terry Atieno, 11 need more sponsors.

Sharon and Terry were rescued from an orphanage in Mombasa, where they would have had an uncertain future, and reunited with their family. With the support of our generous sponsors, they now attend school where they both are happy, safe have settled in well and are making good progress.



Please help us by sponsoring a child like Sharon or Terry starting from just £5 a month at www.sponsorachildinneed.com

A special thanks to our supporters for all they do

Time is the most precious gift, thank you to those who:

- Volunteered on our projects
- Raised money by climbing Kilimanjaro
- Fundraised for us in so many ways
- Knitted jumpers for our children and "fish and chip tops"
- Donated to our appeals
- Attended our events
- As Oxford University student interns, supported our projects
- Supported us in prayer.

Nasio Zoom Speakers

This year, Nasio supporters have enjoyed some interesting Zoom talks. The last in the series was given by Stephen Venables, the first Briton to ascend the summit of Mount Everest without bottled oxygen. With enormous thanks to Stephen and to everyone who shared their experience with us during Covid - Dick Willis who spoke about his caving adventures, Harry Wright on conservation, Dani Mosley on cooking with Spirulina as well as from the team at the GMK Medical Centre.

Nasio has also provided speakers both on Zoom and face to face events for a range of organisations, including schools, Women's Institutes and Churches.

If you would like us to give a talk about our work, we would be delighted to hear from you - please contact us on info@thenasiotrust.org for more details.

Volunteer With Us!

Help us change lives at our projects in western Kenya



Visit www.volunteerforcharity.org today!

00, email info@thenasiotrust.org or visit www.thenasiotrust.org now!

Updates From Africa

Young Farmers club

With schools closed due to Covid-19, we initiated the Young Farmers' Club training young people in sustainable food production and agricultural skills in horticulture, floriculture, beekeeping, fish farming, kitchen gardening and tree nursery management as well as environmental awareness.

We started with 128 young people aged between 9 and 20 years old and have now engaged over 1000 young people and impacted 5000 families. Working in partnership with schools and agricultural teachers, we have set up projects in 15 schools including 4 for children with disabilities. We aim to scale this to 10 more local schools to impact many more families.

New home for History and Mary

A big thank you to our supporters for helping build a house for History and his family. Strong wind and rains led to the collapse of History (age 10) and Mary's (age 8) mud house. The family were suddenly left with no shelter and lost everything. Thank you for your generosity following our appeal as we've now been able to not only rebuild their home but also furnish it and provide a water tank and a toilet.



5000 trees planted in a day

We were very pleased to receive a donation of 5000 trees, from the local Equity Bank, as part of their conservation programme. We were honoured to be joined by the branch manager with his team. Last year we planted over 14,000 trees.

Investing In Education

Adult Education

Last year, adult education classes were disrupted by Covid-19 restrictions. When classes commenced again in March 2021, we were met with increased demand. We now have 3 classes that run each week. There are 2 groups, one in Musanda focused on financial literacy, and one in Bulanda on learning English. One of our adult learners, Rose, described the difference education would have made to her life. She said "I wish my parents could have taken me to school, my life would be different, that is why I am fighting for my daughters to get education so that they can get a good job not like me who depends on casual work". Rose is now able to read text messages on her phone, provide a signature at the bank and read her bible.

Peer Education

Our peer education programme has reached 20,000 young people since 2018. The programme aims to educate young people about sexual health. Our peer educators discuss issues including HIV, avoiding early sexual engagement, and safe sex. We have seen promising results, including an increase in the average age that a girl first has sex from 12 to 16, and teen pregnancies dropping from 40% to 6%. We'd like to thank the Egmont Trust for supporting this fantastic project.

The Exceptional Student Programme

This year, we piloted our Exceptional Student Programme in collaboration with S.A.F.E in Mumias and Samburu. We identified 10 exceptional students, mainly girls, who achieved an A grade in their Kenyan Certificate of Primary Education exams, despite their vulnerability and the economic status of their families. We support them through education and mentoring, to attend national schools where they receive high quality education. We also empower their families economically through training and other support. The aim is for these children to reach their full potential, take up a professional career and become future leaders in Kenya.



Graduates & Students

Congratulations to Fadhili who graduated and is now a Nurse, Rajab Kweyu graduated as a Clinician Officer (doctor) this year.

Rajab supported by Nasio from the age of 7, says "I'm so happy to be serving my community with the skills I have gained. I hope to inspire more and more children to achieve their goals." Japheth, our first graduate is now a teacher at Noah's Ark Early Childhood Development Centre. We wish them all well in their chosen careers.

Sponsor a child from Just £5 per month

- Get details of the child's family background
- Receive a photo and school report annually
- Enjoy the opportunity to visit and meet your child
- Receive a newsletter every 6 months
- Transform a child's life

Visit The Website Today!

www.sponsorachildinneed.com

Thank you to all our current Child Sponsors!

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