



**NASIO
TRUST**
CHANGING LIVES
FOR GOOD

2021

Annual Report



We're empowering communities in Kenya and elsewhere in East Africa to break the cycle of poverty by providing education, improving healthcare, and ensuring food security.

www.thenasiotrust.org

Contents

Welcome Messages	4
The Nasio Trust Story	6
U.N. Sustainable Development Goals	8
2021 In Numbers	10
Kenya At A Glance.....	12
What Your Money Can Do	14
Peer Education	16
Primary & Secondary School Education	18
Adult Education Classes	20
Medical Centre Update.....	22
Income Generating Projects	24
The Fight Against Jiggers	26
Child Sponsorship	28
Agriculture	30
2021 Events & Highlights	32
Change Through Valued Partnerships	34
Volunteering With Nasio	36
Summiting Kilimanjaro	38
Plans For 2022/23	40
Our 5 Year Strategy	42
Income & Expenditure	44
In Loving Memory	48



Welcome from our UK Chair

In this 20th year of the Nasio Trust I am pleased to present our Annual Report for 2021.

The Covid pandemic hit us hard but with the strong support from our sponsors we came through and helped keep safe the communities we serve in western Kenya. As the restrictions lifted earlier in the year, we were able to receive volunteers again although the numbers are still low.

The pandemic highlighted the importance of good healthcare and the global disparity of its provision. With our drive to enrol families on the National Hospital Insurance Fund (NHIF), we not only enable the community to obtain treatment that would otherwise be unavailable or unaffordable, the income from the increasing number of patients now covers the running costs of the GMK Medical Centre without the need for subsidy from the UK. Through our maternity unit all new-born babies are immunised against diseases, including malaria, helping to keep them safe through their early years.

Our range of programmes from Peer Education to the Young Farmers Club are empowering people in the community to learn new skills to improve their health, improve food security and increase life prospects. Our Exceptional Students Programme for children who excelled in their primary school education exams, despite the exceptionally disadvantaged economic status of their families, is providing a first-class education at national secondary schools and university, helping them to reach their potential and equipping them to be future leaders in Kenya. We believe our holistic approach - education, healthcare, food security and support on income generation - is the best way of tackling all the causes of rural poverty.

The economic challenges presented by the Coronavirus pandemic have continued to affect grants, fundraising activities, and scheduled events that had to be cancelled. I am immensely grateful to all our loyal funders and supporters who have been with us through these difficult times and without whom we could not do what we do. Thanks too to our trustees, the dedicated team both in the UK and Kenya and to our CEO Nancy who all work tirelessly helping others find a sustainable route out of poverty.

Keith Budgen C.B.E
(Chairman, UK Trustees)



Welcome from our Kenyan Chair

The past two tumultuous years have strengthened our conviction to continue with our work. We realised that it was imperative for us to stand as a link between government policies and the people we support, particularly during the height of the pandemic. I am proud to report that we helped train 340 health workers to disseminate information about Covid-19. We also distributed 2500 face visors and helped inculcate hand-washing habits amongst our beneficiaries.

Apart from overcoming the trials of the pandemic, the Nasio Trust has also been involved in initiating new projects. We, as a team, are most excited about the imminent library fundraising project and its subsequent construction. We have also undertaken the construction of a borehole to give our medical centre easier access to water.

We continue to uphold the Nasio Trust ethos of holistic and sustainable development that caters to every basic need including education, healthcare, and economic support. We thank our donors and supporters for helping us make a difference.

Victor Nyanga
(Chair of Nasio Kenya Trustees)

**Can You Support
Our Library Appeal?**

In partnership with Kennington Community, we're planning to build the very first Nasio community library! We need your help to raise £10,000

**Find out more & donate now at
www.thenasiotrust.org/library**

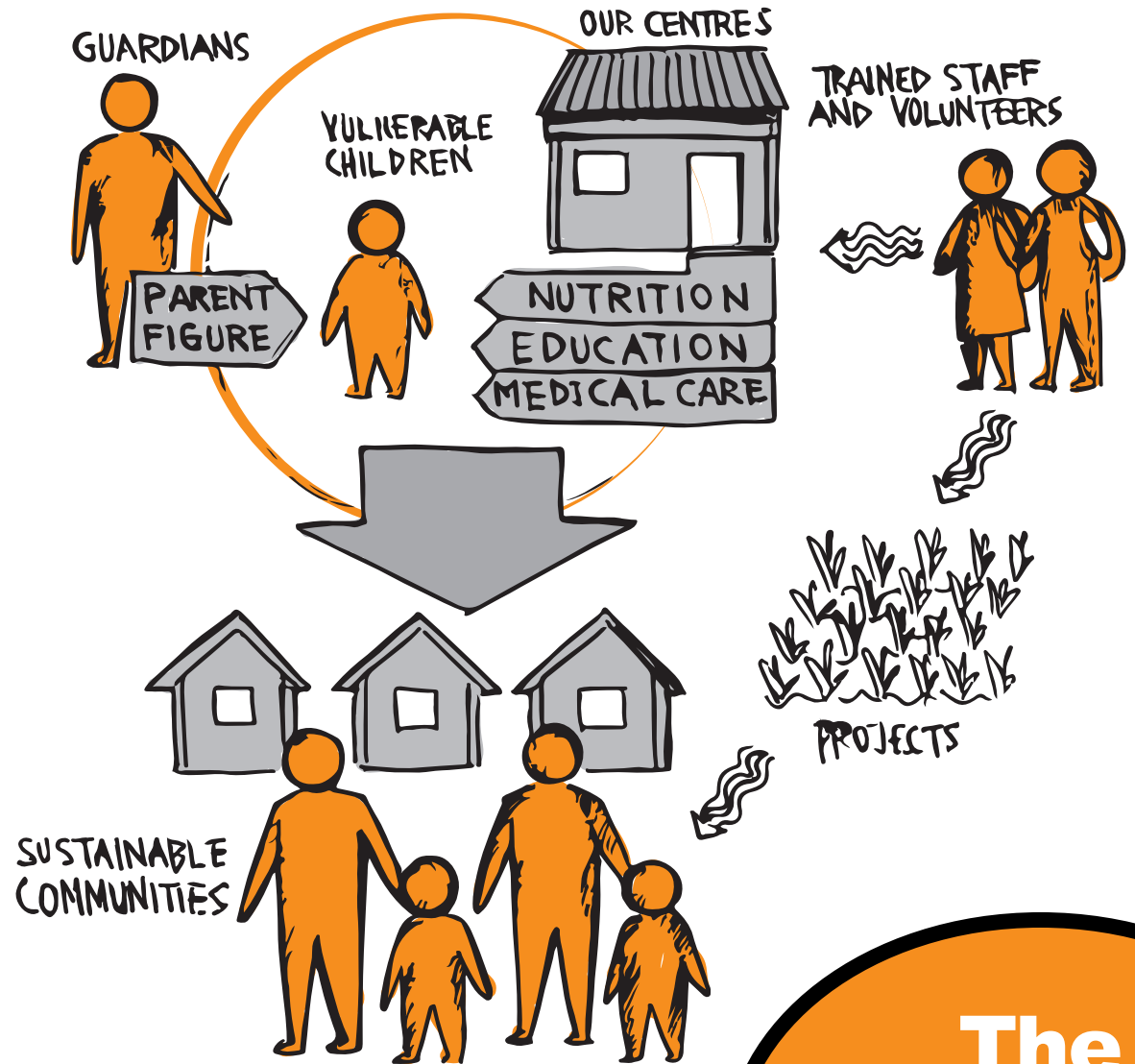
The Nasio Trust Story

The Nasio Trust is a unique charity which identifies and supports vulnerable children while keeping them with a family, underpinned by the strong belief that the institutionalised care of orphans can often have tragic results.

Children who grow up in orphanages are likely to experience significant social, physical, and cognitive harm. Studies show that the institutions, and the child's journey through them, are depressingly similar. The tragedy is that so many of these "orphans" actually have a living parent. Poverty is the largest driver of institutionalised care.

The solution isn't building more orphanages; it's finding creative ways for each child to grow up in a home, preferably the home of the remaining immediate or extended family. Not only is this a much better alternative to institutional care, but family support services cost a fraction (estimates are as low as 10%) of an institutional placement. The Nasio model works by providing services for the children while they are still living with a family.

On top of this solid foundation, The Nasio Trust empowers communities to break the cycle of poverty by providing education, improving health, offering food security, providing psychosocial support, and developing commerce.



**The
Nasio
Model**



The Nasio Model is closely aligned to the United Nations Sustainable Development Goals (SDGs).

The Nasio Trust's approach is underpinned by its aim of supporting vulnerable children in a family setting. We rely on interventions that build self-reliance to lessen dependency and strengthen the community at large, to ultimately break the cycle of poverty.

Achievement and Impact:

Our greatest achievement is community transformation. Although we are a relatively small charity, we focus on making the biggest impact with our limited resources and budget. Adopting a cross-cutting holistic approach we have established three foundation programmes which, when combined, provide the holistic support we believe is vital to improve the lives of orphans and vulnerable children.

These Comprise:

A vital social work and access-to-education service that supports 315 vulnerable children through psycho-social care, food, security, advocacy and representation for child-headed households. They also access education and training through two Early Childhood Development Centres (EDCs).

Healthcare access is achieved via our purpose-built medical centre meeting general medical needs as well as maternity and infant services.

Lastly, we **nurture entrepreneurship** through our income-generating projects that target increased agricultural yields and vocational training.

Long-Term Change:

Over the past 20 years, Nasio has created an ecosystem where childhoods are secure and children are provided with education and peer support. Through our interventions, we create increased community health awareness that helps prevent malnutrition, HIV, and teen pregnancies. These social transformations are sustained by the provision of economic support extended to farmers with small holdings that in turn positively impact food security and income. The sustainability of this intervention is ensured by providing farmers with training and high-quality farm inputs.

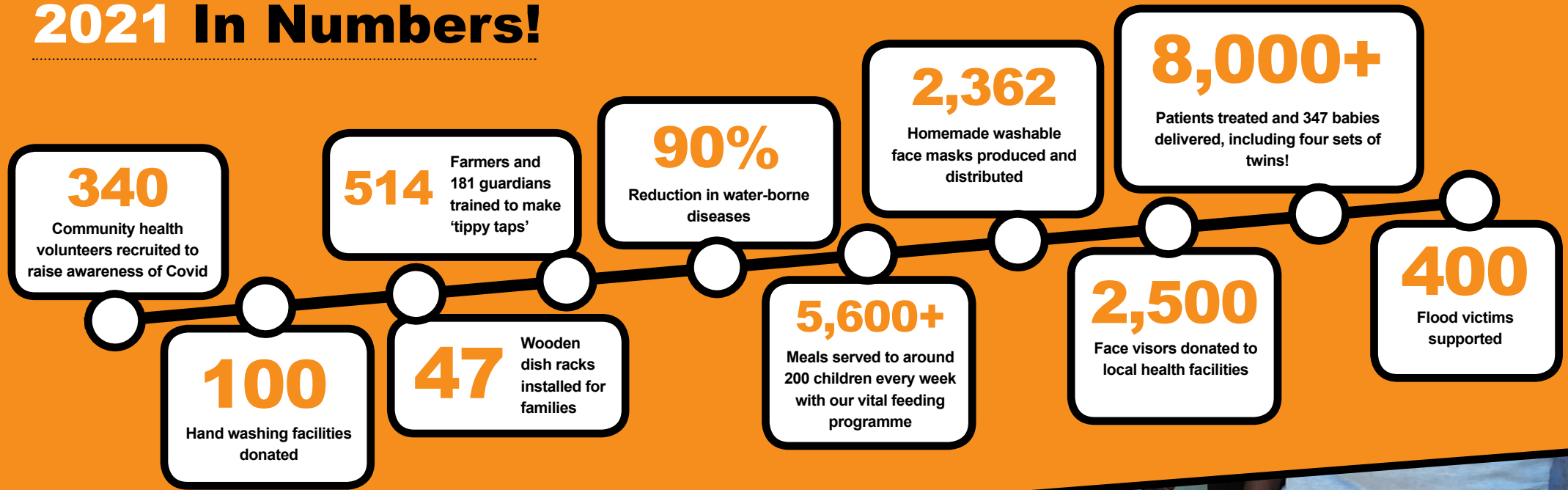
Covid-19 Response and Adaptation:

The Nasio Trust worked tirelessly in 2020 to

fill a critical gap in the provision of essential services including healthcare, clean water, and sanitisation during Kenyan lock-downs. Through your support we were able to collaborate with the *Ministry of Health* and the *Ministry of Water and Sanitisation*, to sensitise over 50,000 people around Covid-19 precautions.

According to the UN's Under-Secretary-General, the pandemic has unleashed a slew of 'cascading and intersecting crises'. In a time like this, Nasio's model that embodies the resilient and 'inclusive development pathways' proposed by the UN's Sustainable Development Report 2022, is capable of responding with great efficiency.

2021 In Numbers!



Kenya at a glance

Kenya is a country in eastern Africa with coastline on the Indian Ocean, bordered by Tanzania, Uganda, South Sudan, Ethiopia and Somalia. Although Kenya's economy is the largest by GDP in east and central Africa, an alarming percentage of the population still lives in poverty, and life expectancy at birth remains low (67 years).

Kenya has the joint fourth-largest incidence of HIV in the world (alongside Mozambique and Uganda) in terms of the number of people living with HIV, which was 1.4 million people in 2020. Roughly 22,000 people died from AIDS-related illnesses in the same year, and there are now 842,000 children orphaned by AIDS. 38% of the population is under 15.

1.4M

People living with HIV in 2020

22K

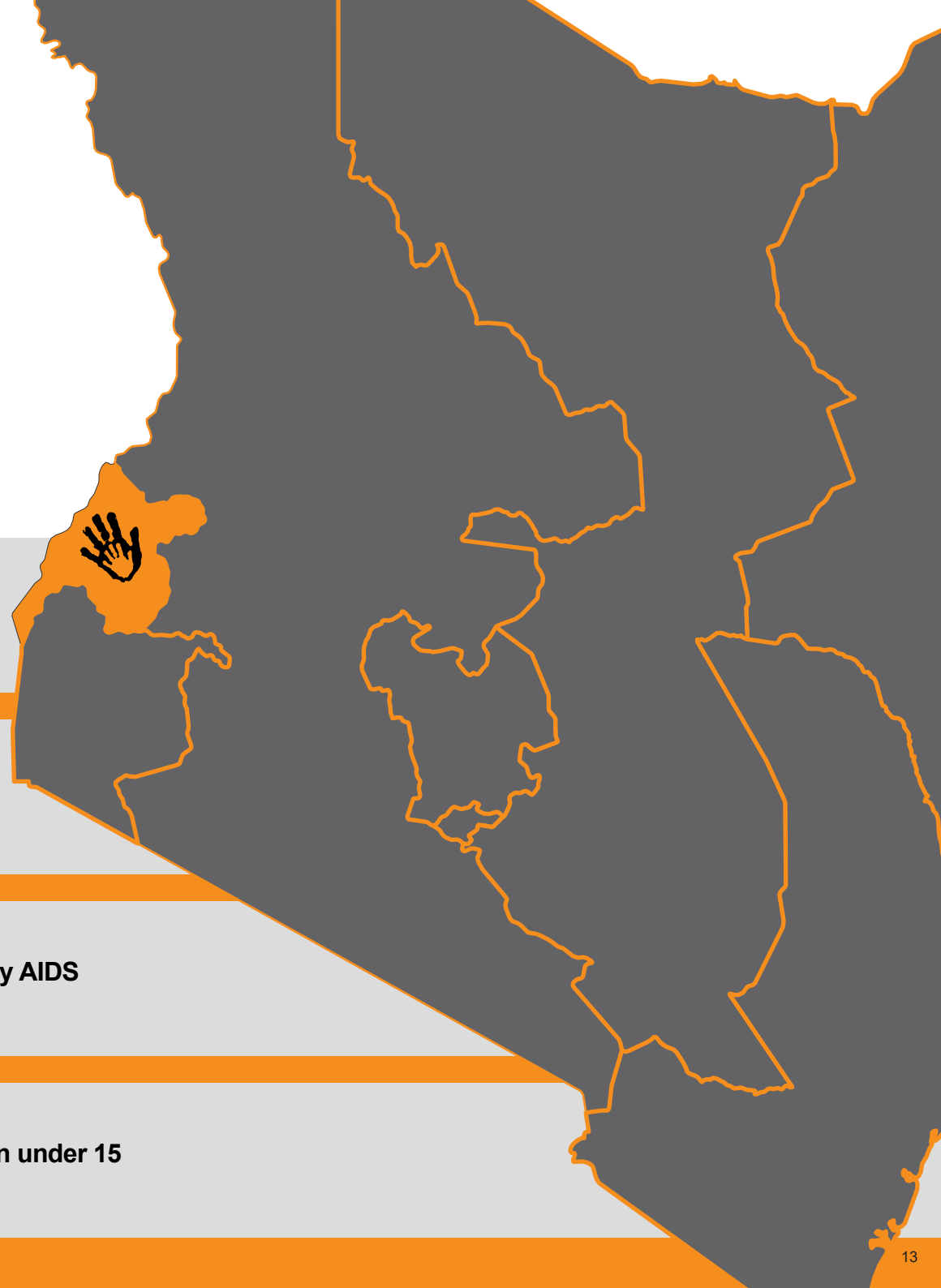
AIDS related deaths in 2021

842K

Children orphaned by AIDS

38%

Of the population under 15



What your money can do...

One of the best things about being a smaller charity is the personal impact you create when you make even a small donation. By choosing to purchase an alternative gift, you make an immediate difference to the quality of someone's life.

£8

Laying hen

Provide eggs and meat for a family.



£10

Blanket & Sheet

Provide the essentials of a good night's sleep.



£10

Treated mosquito net

Feed a family in need for an entire month.



£10

Girls teen pack

Underwear, sanitary pads and a bra.



£15

Food for 2 weeks

Feed a family in need for two weeks.



£50

Sack of maize

Help a widow provide for her family.



£50

Healthcare for a family

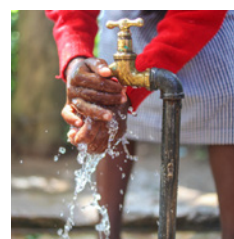
Covers a whole family's basic medical needs for a year.



£300

Rainwater collection system

Water supply tank to get through the droughts.



£680

Build a family house

Build a home for a family in need.



*You buy it, we give it,
people in Kenya get it...*

See them all at www.thenasiotrust.org/gifts



Peer Education

Our peer education programme has reached 20,000 young people since 2018 thanks to support from our partner – the Egmont Foundation. The programme aims to educate young people about sexual health.

Our peer educators discuss issues including; HIV, avoiding early sexual engagement, and safe sex. We have seen promising results. 77% of peers now have a more responsible attitude in relationships - avoiding sex at a young age and using protection if they are sexually active. We have currently trained 366 peer educators.

We could not have achieved this without the incredible support of the Egmont Trust

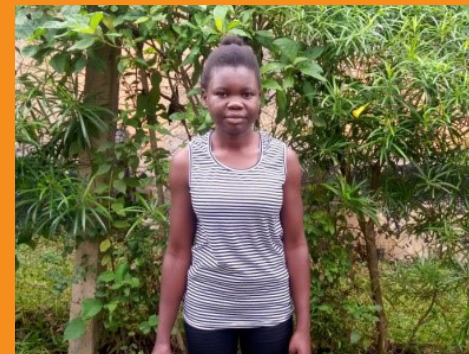


Case Study Lilian Atieno (19)

Lilian Atieno is one of the Nasio Trust's beneficiaries. She is a total orphan and lives with her grandmother and brother in Mumias. Lilian's grandmother supports the family through her small business of selling the cooked mixture of maize and beans called githeri but her income is not sufficient.

Lilian has been with the trust since joining Noah's Ark day care and then later moving onto primary school. She is a bright student who scored 358 out of 500 in her qualifying exams for secondary school and is currently looking forward to joining college. She joined the Peer Education Programme in 2018 and has been holding sessions in Mumias on sexual health awareness ever since. She also engages with young people on topics like teenage pregnancy and prevention, HIV/AIDS prevention, and drug abuse. She has also participated in the distribution of condoms to *boda boda* (local motorcycle) riders.

Lilian feels more empowered since participating in the Peer Education Programme. She is now able to talk on topics related to sexual health freely and disseminate such information to her peers. Her self-esteem has also improved and she is able to face an audience confidently during her presentations. She believes that peer education enables the youth to understand themselves and make right choices about their bodies.



Case Study Faima Makau (22)



Faima Makau is 21-years old and lives in Muchimi, Mumias West.

She is a partial orphan - her father is physically disabled and sustains his family by working in the fields or taking on casual jobs. Her mother passed away when she was 5.

She has been a Nasio Trust beneficiary since she joined Noah's Ark for her Early Childhood Education. Faima has now completed her secondary education and wishes to pursue General Agriculture at University. She is currently volunteering with the agriculture department at Nasio.

She trained as a peer educator in 2020 and has since trained young teenagers herself to practice safe sexual practices and develop confidence.

She has learnt to stand-up for herself and not fall victim to peer pressure. By talking to young people about drugs and teenage pregnancy, she wishes to empower their daily lives

Primary & Secondary School Education

Poverty is a major barrier to education and according to UNICEF, 63% of children from the poorest wealth quartile in East Africa are unable to complete lower secondary education.

1.13 million children of primary school age (6 to 13) are out of school in Kenya. Education subsidies have proven to have

reduced drop out and pregnancy rates.

Through our Early Childhood Development Centres (EDCs) we have managed to provide educational support to 151 students. We also support another 78 students in secondary school of which 25 are part of our Exceptional Student Programme.

College Education
14 Children

(Exceptional Students)
(25 Children)

Secondary Education
78 Children

(Noah's Ark)
(78 Children)

(St Irene's)
(73 Children)

Primary Education
150 Children



Expansion of The Exceptional Student Programme

This year, we expanded the Exceptional Student Programme (ESP). The programme is our scholarship and mentorship project for young students - particularly girls - operating in hardship regions of Mumias and Samburu. In 2021, we collaborated with S.A.F.E Samburu, an organisation working in Northern Kenya on spreading awareness through creative performances. The ESP scholars have received A-Grades in the Kenyan Certificate of Primary Education exams, having overcome the exceptionally disadvantaged economic status of their families. We support them in study and through mentoring so that they can attend national schools and receive a high-quality education. We also empower their families economically through membership of our income-generating projects. **The programme's objective is to nurture the children's potential so that they can eventually take up a professional career and become future community leaders.**

[More info...](#)

www.sponsorachildinneed.com



Adult Education Classes

Last year, our adult education classes were disrupted by Covid-19 restrictions. As a result, when classes commenced in March 2021, we were met with increased demand.

We now have 78 learners who missed out on education in their youth – 18 of them having never been to school or having dropped out. Our adult education classes focus on literacy, numeracy, and building basic entrepreneurial skills.

Thanks to the Eleanor Rathbone Charitable Trust

Eleanor Rathbone Charitable Trust



Case Study: Electine Maero

Meet Electine Maero, a 63-year old widow from Bukaya in Kakamega County. Electine was able to fund the education of her 5 children by tilling the land, and one of them is now a nurse at Kenyatta hospital. She is a small scale farmer growing maize and she also sells vegetables. Unfortunately she has reached an age where she can no longer provide for herself and now largely depends on her children for support.



Electine joined the Adult Education programme in 2020 after a friend (who was already a member) recommended it to her. As a result, she can now sign documents herself instead of resorting to using her thumbprint. She is also able to balance the books for her vegetable business. She can now

operate her mobile phone herself as opposed to relying on others to read her messages and caller IDs. Electine developed an illness affecting her legs but continues to attend classes whenever she can.

Case Study: Margret Mutimba

Margret Mutimba is 64 years old and lives in Ebuasi village, Bukaya. She is married and blessed with 9 children, but unfortunately, two have passed on. Margret has six grandchildren whom she looks after, some of them dependent on her for school fees and upkeep. Margret achieved a basic primary education but was forced to leave school in 1981 by her parents.

she has learnt mathematics and can budget for her family's needs. She is able to understand the conditions of loans before signing them, enabling her to fund her granddaughter's school fees.

She has also gained other skills through the Malezi (or parenting programme) that provides an insight into contemporary parenting practices. She is now a campaigner and advocate for adult education in her village.

Margret is a small scale farmer and harvests two bags of maize at most each season which is barely enough to sustain her and her family. She is also employed at the Nasio Trust as a caretaker in St Irene's Early Development Centre. Margret joined adult class in 2015 when it was introduced at St. Irene's. She was determined to join the class because of the daily hurdles created by not being able to read or write. She felt embarrassed when she couldn't write her name or read the numbers on her phone.



Since joining the Adult Education programme,



Medical Centre Achievements

In 2021, the George Mudeny Kadima Medical (GMK) Centre treated 17,763 patients, delivered 446 babies, and immunised 621 children against malaria. During the pandemic, the medical centre was able to dispense 19,527 COVID-19 vaccinations – this was a remarkable and essential undertaking by our centre - recognising that it's one of the few medical care providers available in the region.

The medical centre also achieved the enrolment of 75 families into the National Hospital Insurance Fund. Nasio is currently fundraising for the greater inclusion of households into the Kenyan government's health insurance scheme to prevent a delay in seeking medical assistance. Only £4/month can insure a family and save lives.

A potential expansion of the outpatient services offered by the medical centre is now being considered in order to reduce the need for referrals and to provide specialised services such as dental care and increased ultrasound provision.

Support Us...

www.thenasiotrust.org/health

Rajab's Story

My name is Rajab Kweyu Makokha and I am 23 years old. My mother is the only earner in the family since my father passed away, she runs a small-scale business. I joined the Nasio Trust organisation at the age of 7 years, and completed my pre-primary education at Noah's Ark. Later, I joined Mumias Township Primary School where Nasio continued to support me through the provision of school supplies, tutoring sessions, uniforms, and lunches.

With the Trust's assistance, I was able to join the St. Ignatius Mukumu Boys High School for my secondary education. Nasio paid my school fees and provided me with computer lessons during the holidays. During this time, I joined the debating and football clubs at school. I also discovered my love for science.

After four years in high school, I successfully completed my secondary education and joined the Kenya Medical Training College to pursue a Clinical Medicine and Surgery course. I lost my beloved mum during my first year at medical school but persevered nevertheless.

I am very happy to have successfully completed medical school and graduated as a clinician. I am currently volunteering at the Nasio Trust's GMK Medical Centre as I wait to start my internship. I also participate in the Peer Education Programme, where I talk to our younger wards about a range of topics including reproductive health education, as well as making good career choices. As a result, I have gained a range of practical and empathetic skills such as basic data entry, graphic design, and interacting with patients.

I wish to thank the Nasio Trust for the emotional and financial support it has provided for the past 15 years that has enabled me to build myself professionally and to also serve my community.



Income Generating Projects

Bee Keeping

We initiated a bee-keeping project in 2021 to engage young people during and after the pandemic while schools were closed. With support from the Egmont Foundation, we have bought and maintained 22 hive boxes with bees. Honey-harvesting will take place in 2022.



More info...

www.thenasiotrust.org/bees

Spirulina

We produced 1,990 kilos of spirulina this year and have begun documenting the impact of spirulina introduction to children's nutritional health. Being extremely rich in protein (up to 70% protein by weight), spirulina is known to boost the immune system and provide essential vitamins. The production and sale of spirulina is a boon for local farmers, and Nasio is able to generate funds through the sale of excess spirulina.



More info...

www.thenasiotrust.org/spirulina

Tailoring Project

Our tailoring project started originally in 2019 and continues to grow. We offer tailoring training to young mothers and children. In 2021, we secured contracts to supply school uniforms and scrubs for a medical school.



More info...

www.thenasiotrust.org/tailoring

Animal rearing & Products

Thanks to our supporters, we were able to distribute 10 goats and 124 chickens to our beneficiaries through our 'alternative gifting' donations. Milk and eggs not only supplement their diets but their income too. We are also rearing three milking cows as part of an endeavour to further reduce malnutrition amongst the children in our care.



Donate an animal...

www.thenasiotrust.org/gifts

The Fight Against Jiggers

Jiggers are parasitic insects found in most tropical and sub-tropical climates. They are native to Central and South America, and have been inadvertently introduced by humans to sub-Saharan Africa.

Approximately 50% of children in the areas where we work are affected by jiggers. Left untreated the consequences are severe, in extreme cases leading to amputation of limbs or even death. This year, thanks to our partner Westers, the trust treated over a 100 students afflicted with jiggers in four primary schools located in Milimani, Musanda, Buchirinya, and Buchifi. The students' feet were treated with a medical solution and those with serious infections were given tetanus shots. We thank Westers for their support in making the jiggers treatment camp a reality.

The stigma attached with jiggers and the poor condition of local schools create a self-fulfilling cycle of high school drop-out rates. The Nasio Trust has initiated the 'Shoes for Africa' campaign to give people access to shoes.



**Find Out More & Make a
Donation Here:
thenasiotrust.org/shoes**



Child Sponsorship

An estimated 3.6 million orphaned and vulnerable children are believed to live in Kenya. Of these, 44% have been orphaned either partially or fully due to HIV. The linkages between crumbling healthcare, lack of access to education, and child vulnerability are impossible to deny.

At Nasio, we believe that institutionalised orphan care can lead to significant social, physical, and cognitive harm for children. Poverty is the largest driver of institutionalised care. The solution isn't building more orphanages; it's finding creative ways for each child to grow up in a home, preferably the home of their immediate

or extended family. Furthermore, family support services cost a fraction (estimates are as low as 10%) of an institutional placement.

Nasio's Early Childhood Development Centres (EDCs) - St Irene's and Noah's Ark - provide vulnerable young children with food, education, and medical care to overcome the impact of poverty on their lives. The centres fill in the gaps in familial support by offering day care services, ensuring access to food and education, and creating a healthy community for the children.

Funding through child sponsorship allowed us to support 151 children in 2021.

Transforming Tabitha's Trajectory

Tabitha is the fourth child in a family of six siblings. She is a partial orphan after her father passed away in 2009. Now her mother depends on casual jobs and also farms her ½ acre piece of land to grow maize and beans to support the family. Tabitha and her family live in a one roomed mud house with iron sheet roofing in Ekeru village. Tabitha started attending Noah's Ark in 2011 and is now in Grade Eight at the Mumias Township Primary School. Tabitha's favourite subject is languages and she likes playing marbles and reading story books.

Donations of bedding, a mosquito net, and a solar light to her family via Nasio have allowed Tabitha to complete her school tasks more comfortably. **The Trust has also helped her pay for Health**

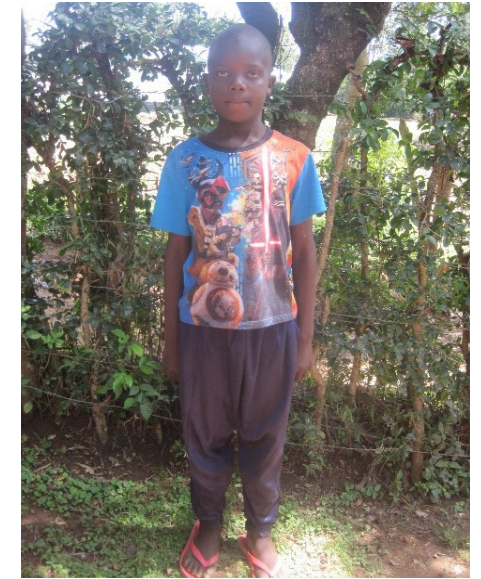
Insurance Cover (NHIF) costing KES500 (around £5) per month to cater for medical treatment fees for the whole family.



Sudeisy's Story

Sudeisy is the second youngest in a family of three children. His parents separated in 2021 and he now lives with his maternal grandmother after his mother remarried. His grandmother depends on small scale farming to earn a living and cannot afford to buy proper bedding for him, so Sudeisy sleeps under old clothes on the floor.

He started studying at Noah's Ark in 2016, later joining the Mumias Township Primary School and is currently in Grade Four. His favourite subject is maths and he enjoys storytelling and playing with marbles. Sudeisy is well disciplined, active and volunteers at Noah's Ark during the holidays. He also participates in other activities such as informal learning and agriculture at the centre.



Changing Uziline's Life

Uziline is a vivacious 10-year old girl. She lost her father to malaria and now lives with her maternal aunt, uncle, and sister.

Their mother migrated to the city to look for employment and sends back money every month. Their guardians participate in casual jobs such as working in other's farms and washing clothes because the money provided by Uziline's mother is not enough to sustain them for the whole month. Uziline is currently in grade six in Milimani Primary. Her favourite subjects are English and Science. She also likes reading story books and wants to be a nurse when she goes to college. Through generous donations of shoes,

bedding, and a laying hen, Uziline and her family have been able to improve their quality of life.



Agriculture

YOUNG FARMERS' CLUB

In response to Covid-19 and subsequent school closures, we initiated a Young Farmer's Club that trains young people in sustainable food production and agricultural skills. The agricultural sector in Kenya accounts for 32% of its GDP.

It is essential to tap into it to create opportunities for employment and innovation. The Young Farmers Club is an opportunity to engage the youth in agriculture, and to advertise it as a viable source of employment. We started with 128 young people aged 9-20, and have now engaged over 1,000 young people and positively impacted 5,000 family members thanks to our funder Sankalpa. We now have a presence in 15 schools, and aim to scale it to 10 more.

Benefits:

- Students trained in growing food in poor soil conditions.
- Savings from consumption of food grown at home.
- Improved health and living standards.

INCREASING YIELDS THROUGH 'ONE ACRE FUND'

We conducted a programme, thanks to the support of *Global Foods* and *The World We Want*, with 560 farmers in Mumias to increase

their yields by delivering certified seeds and fertilisers as well as providing training on the best growing techniques.

There was an increase in average daily income from \$1 up to \$2 amongst a segment of participants.

The project also provides farmers with other benefits such as enrollment in the Kenyan National Hospital Insurance Fund (NHIF).



Find Out More at
thenasiotrust.org/farming

2021 Highlights & Events



Celebrating 20 Years

The Nasio Trust celebrated its 20th anniversary in August 2021. We took this opportunity to look back on our achievements and milestones. Over the past two decades we have impacted countless lives in Kenya and generated funds to support and grow our education, healthcare, and income-generating projects. These three foundational rungs of our organisation have made it possible for us to establish a medical centre, two Early Childhood Development Centres, and numerous economically beneficial projects.

We also marked the occasion by thanking our supporters, who have been on this long but fulfilling journey with us, at Dorchester Abbey with a picnic and open mic performances.

Gold Standard Internship Host 2021

Over the past 6 years, we've been working in partnership with the University of Oxford to welcome interns to volunteer with us in the UK and in Kenya. Interns have made a hugely meaningful contribution to our work and we're proud to be recognised again as a Gold Standard Internship Host for 2021. Thanks to the University of Oxford and to the interns who have supported us.

Race to the Stones

A duo from Wallingford - Bryn Davis and Connor Rourke - ran everyday in July to raise money for the Nasio Trust.

They also participated in the 'Race to the Stones', an ultra-marathon that takes Britain's oldest path, as part of their endeavour.

Oxford Half Marathon

The Nasio Trust hosted four runners for the Oxford Half Marathon this year – Josh Plank, Tasha Girdler, Karen Pollard, and Andy Heather. They helped fundraise a total of £1001 for the charity.

Charity Golf Day

We hosted our annual charity golf day (after a pandemic-induced hiatus of one year) on October 6, 2021. 47 players participated that evening and helped raise £3,431 for the charity.

The golf was followed by a raffle and auction that saw a range of experiences and items up for bid including a Cotswolds Safari and a golf experience at Carnoustie.

Get involved at www.thenasiotrust.org/events

Change Through Valued Partnerships

The World We Want

The World We Want has been a staunch supporter of the Nasio Trust since 2018. In 2021, it funded the extension of *The One Acre Fund Project* to another 560 farmers for the substantial sum of £36,000. It also supported us by helping us match a fundraising deficit of £30,000, as a result of the Covid-19 pandemic, at the end of the 2021 financial year. *The World We Want* also supports our *Exceptional Student Programme*.



Global Foods

We thank Global Foods for supporting our income-generating agricultural initiatives in collaboration with the One Acre Fund and for making it possible for small farmers to increase their yields and develop better agricultural models.

Daymark Foundation

We thank *The Daymark Foundation* for making the *Exceptional Student Programme* a success.

The foundation has also generously granted us funding to construct a borehole to provide our infrastructure with better access to water – a scarce resource in the region.

Sankalpa

We are grateful to *Sankalpa* for funding the Young Farmers Club initiative to foster food security and leadership among young people in Mumias.



Plewa Family Foundation

We are grateful for the *Plewa Family Foundation's* support for our *Exceptional Student Programme* and for contributing funds to our agricultural and medical initiatives.



Egmont Trust

Our Peer Education Programme's success would not have been possible without *The Egmont Trust's* generous assistance.



Dorchester Abbey

We would like to thank Dorchester Abbey and its congregation for promoting and supporting the Nasio Trust's objectives and for hosting our 20th anniversary celebrations.



Volunteering with Nasio



Amber Vetta

“When I started working at Nasio on the Youth and Education side, I built a picture of what it would be like on the ground. I'd never been to Africa!

When I arrived, I soon found myself motivated to get involved with everything and find my way to best help. I focused largely on education but was moved by the social work side so made supporting this a priority when I returned to the UK office. I met some amazing people who I laughed with, danced (badly) with and ate amazing food with. Back in the UK, I went out to dinner with a volunteer I met in Kenya and she reflected, “you always leave a part of yourself in Kenya”, and when I built my picture of Kenya, I never anticipated that would also happen to me.”

Volunteer with us!
www.volunteerforcharity.org

Youth Challenge Oxfordshire (YoCO)

The Youth Challenge Oxfordshire (YoCO) Programme aims to aid adolescents overcome the mental health and social challenges in their environment. These objectives are achieved through weekly group meetings chaired by young leaders who help their peers cultivate a sense of teamwork and self-worth.

The programme ends with a 10-day volunteering trip to Kenya in collaboration with the Nasio Trust, where the young people are able to implement

their new skills to contribute to Nasio's projects.

This year, YoCo's Berinsfield and Faringdon chapters visited Nasio in Kenya. They participated in the construction of a house and were involved with activities in the EDCs.





Medical Volunteering

The GMK Medical Centre is the perfect place for young medical professionals to get an insight into the functioning of healthcare infrastructure in a developing country. Through our medical volunteering programme, volunteers with appropriate expertise can be involved in various aspects of healthcare such as; gynaecology, midwifery, tropical diseases and medicine, infectious diseases, neonatal care, and maternal care.

“The medical centre provides a vital space for expectant mothers to receive antenatal care and to give birth. However, the centre is in great need of an Ultrasound Machine which will allow clinicians to prevent and prepare for hundreds of complications during the labour process and ultimately save lives”

Tabitha, Medical volunteer

Summitting Kili for Nasio's 20th Anniversary

To mark the Nasio Trust's 20th anniversary, four students from the University of Oxford undertook an expedition to summit Mt. Kilimanjaro, the tallest peak in the African continent. They join the ranks of over 500 climbers who have conquered the mountain to raise funds for Nasio. Hari Kope, the climb leader said, “What a time to be taking on a personal challenge when the world is in fear of travelling and taking risks! We want to do something good in support of the Nasio Trust as they celebrate their 20th Anniversary.”



Plan Your Own Kili Adventure Today
www.climbkilimanjaroforcharity.com





Plans for 2022/23

'I Love Reading' Kakamega County Library Project

The 'I Love Reading' project hopes to establish the first library in Mumias West, Kakamega County. We have launched a fundraising appeal for a sum of £10,000 and have received support from the community in Kennington, Oxfordshire; as well as from author Sylvia Vetta and Korky Paul, an African-born book illustrator.

Borehole Construction

With the Daymark Foundation's support and initiative, the Nasio Trust is embarking on the construction of a borehole to better the supply of water to the medical centre and its guest house. It will also aid the agricultural projects run by the trust.

Expansion Of Our Medical Centre

In the coming year, we will continue raising funds for the expansion of the GMK Medical Centre so that it can cater to the growing healthcare needs of the people. We hope to launch new wards and purchase x-ray as well as ultrasound machines.

Support our fundraising appeal here: www.thenasiotrust.org/medical-centre



Mission Statement...

**Breaking
the cycle
of poverty
by providing
education,
improving
healthcare, and
ensuring food security**

OUR 5 YEAR STRATEGY

- Break the cycle of poverty in East Africa through education, healthcare, food, security and commerce, enabling communities to be resilient and self-reliant.
- Improve the health and well-being of communities in East Africa.
- Support communities to set up sustainable income-generating projects.
- Provide volunteering opportunities in East Africa and UK.



Income & Expenditure

Year Ending 31/12/2021

YEAR ENDING	31/12/2021
Income	
Donations	£150,810
Fundraising	£57,226
Grants	£98,879
Gift Aid Relief	£28,722
Income	£335,637
Expenditure	
Charitable Expenditure	£238,557
Fundraising Expenses	£61,523
Governance	£1,696
Admin & Promotion	£18,350
Finance Charges	£1,189
Professional Fees	£0.00
Depreciation	£16,042
Office Costs	£21,973
Expenditure	£359,330
SURPLUS/(DEFICIT)	(£23,693)

Our aim is to keep any surplus in the bank at a minimum so that we maximise funds that support our projects to improve save lives in Kenya.

Balance Sheet

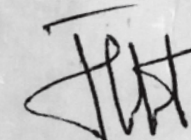
Year Ending 31/12/2021

ASSETS	31/12/2021
Fixed Assets	
<i>Fixed Asset Total</i>	£46,562
Current Assets	
Stock	£2,619
Debtors	£8,978
Cash at Bank	£250,457
Current Assets Total	£262,054
Current Liabilities	
Creditors	£35,218
Taxation	£3,271
Current Liabilities Total	£38,489
GRAND TOTAL	£270,125

ACCUMULATED FUNDS

At 1st January 2021	£68,529
Income & Expenditure Account	(£23,693)
Restricted Funds	£225,291
GRAND TOTAL	£270,125

Signed on behalf of
the charity's trustees
Jonathan Hunt,
Chairperson



In 2021

We raised over

£335K

2021 Total Income

£335,637

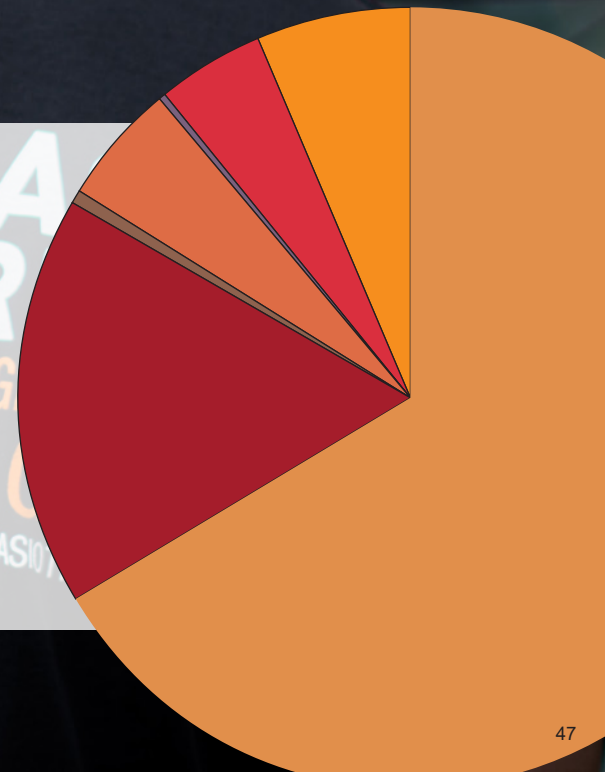
- Donations £150,810
- Fundraising £57,226
- Grants £98,879
- Gift Aid £28,722



2021 Total Expenditure

£359,330

- Charitable Expenditure £238,557
- Fund Raising £61,523
- Office Costs £21,973
- Admin & Promo £18,350
- Depreciation £16,042
- Finance Charges £1,189
- Governance/Monitoring £1,696



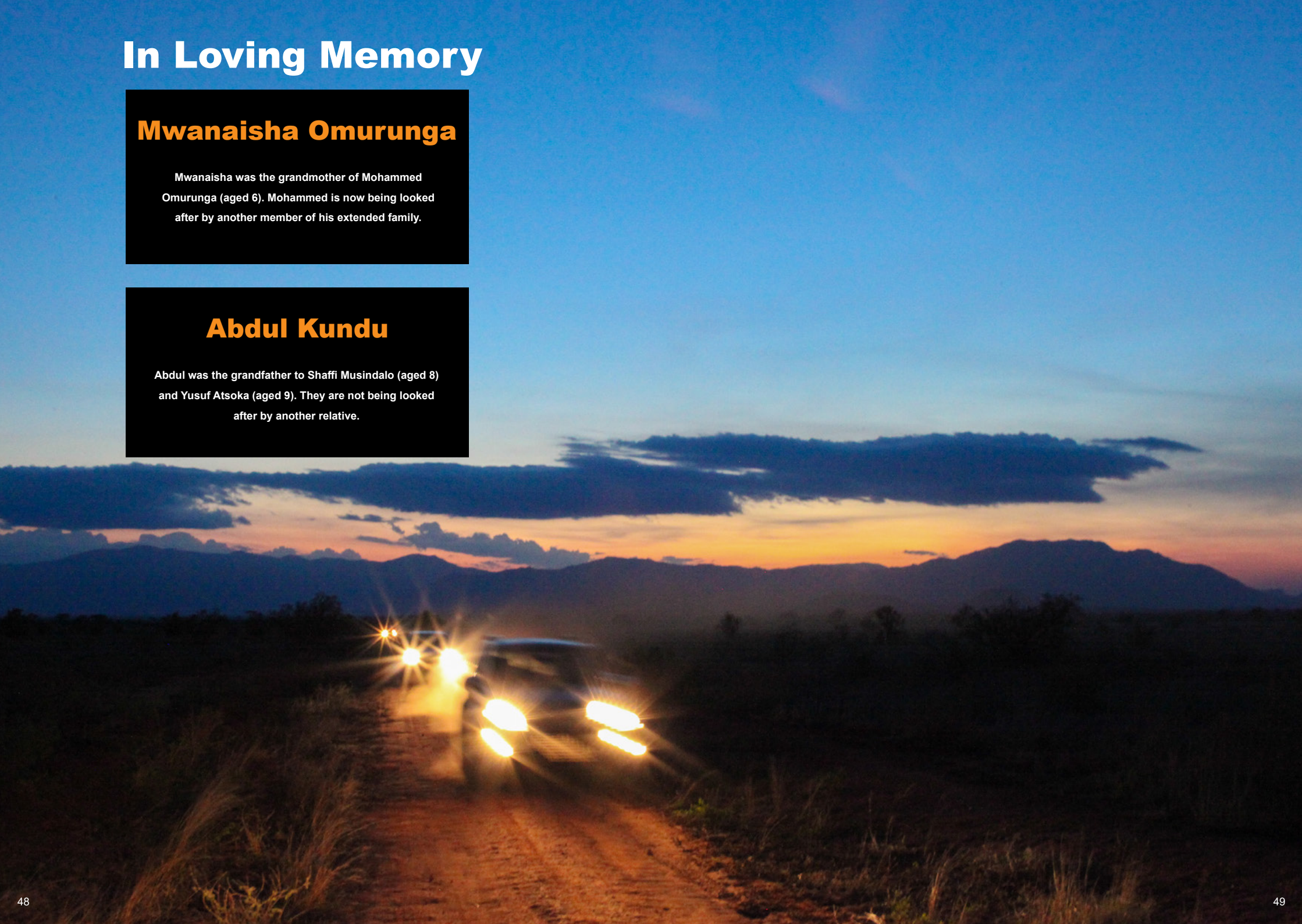
In Loving Memory

Mwanaisha Omurunga

Mwanaisha was the grandmother of Mohammed Omurunga (aged 6). Mohammed is now being looked after by another member of his extended family.

Abdul Kundu

Abdul was the grandfather to Shaffi Musindalo (aged 8) and Yusuf Atsoka (aged 9). They are not being looked after by another relative.





Thanks and acknowledgements

We are incredibly thankful to all of our supporters for their ongoing dedication which allows us to continue our programmes and create brighter futures for some of Kenya's most vulnerable children and communities. We are also grateful for our dedicated staff in Kenya and the UK who provide continual support and care to our children each and every day.



**NASIO
TRUST**
CHANGING LIVES
FOR GOOD

www.thenasiotrust.org
info@thenasiotrust.org
+44 (0) 1235 611200

Soon moving to:
15 The Chambers,
Vineyard, Abingdon
OX14 3FE